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Publication Manual of the American Psychological Association

Council of Editors1

American Psychological Association

The publication of scientific and professional journals is one of the major functions of the American Psychological Association. Its ten journals embody the results of a vast amount of scientific, literary, and editorial effort, and also represent a substantial business venture. With the rapid growth of psychology, the number of manuscripts submitted to the journals increases year by year. There is, consequently, a growing need to conserve effort in the expanding enterprise of psychological writing and publishing.

The purpose of the publication manual is to improve the quality of psychological literature in the interest of the entire profession. The ultimate beneficiary is the reader of psychological journals whose time and energy are spared when articles are clear and concise. Most directly, the manual serves the authors of articles. Following its instructions will save many authors the trouble of revising and retyping manuscripts acceptable in content but not in form. The editors also hope to benefit by being relieved from the necessity of reading and returning many manuscripts which deviate from acceptable standards of style.

The collective authorship of the manual by the Council of Editors means that a greater uniformity of style will henceforth prevail in the

¹ At its annual meeting in 1951, the Council of Editors decided to prepare a comprehensive manual for the use of authors who write for APA journals. The earlier article by Anderson and Valentine (1) had served as an invaluable aid to authors since 1944, but was regarded as outdated for a number of reasons: the addition of new journals since 1944, the establishment of the Central Office with its numerous functions relating to the editing and management of the journals, and the revision of a number of editorial practices.

The manual was prepared by the editors as a cooperative project. Each editor wrote the first draft of a designated part of the manual, and two preliminary versions were circulated for suggestions and criticisms. The Council of Editors named Laurance F. Shaffer to serve as coordinating editor of the manual. The other editors wish to express their indebtedness to Dr. Shaffer for his effective planning and management of the project.—H. S. Conrad, H. F. Harlow, J. McV. Hunt, L. H. Lanier, A. W. Melton, D. G. Paterson, C. C. Pratt, F. H. Sanford, L. F. Shaffer, C. M. Louttit, Chairman.

Association's journals. It now seems desirable to eliminate all unnecessary idiosyncrasies due to historical accidents in the backgrounds of the journals. Authors who write for several journals will find the uniformity of style advantageous. The Council of Editors especially recommends that the manual be used widely as a guide for graduate students in the preparation of all papers.

The Journals of the American Psychological Association

The Association's ten journals were acquired between 1925 and 1947 by gift, purchase, and direct initiation. As journals have been acquired and established, the Association has adapted its pattern of publications to fit the needs defined by the growth of psychology as a science and profession. The functions of some journals have been redefined progressively by formal actions of the Association or by informal processes of interaction among editors, authors, and readers. The present status of the evolutionary process is indicated in the brief descriptions of the fields of the journals which follow.

Authors are advised to study the fields of the journals before submitting articles to editors. It is important to examine carefully some current issues of the journals, and to read the information that most of them publish on the inside front cover. Much time is wasted when an article is sent to an inappropriate journal. Occasional articles may be appropriate to two or more of the journals, but in virtually all cases the author can select the journal most suitable for a given contribution.

The American Psychologist (monthly) is the Association's professional journal. A large part of its annual contents consists of the official papers of the APA: the program of the annual meeting, the reports and proceedings of the Council of Representatives, the reports of boards and committees, and news notes. It also publishes some articles submitted voluntarily by APA members. Appropriate topics for contributed articles include the following: the practice of psychology as a profession, methods and resources for graduate and professional education, the work, status, and earnings of psychologists, the relation of psychology to other professions, novel applications of psychology, and scientific articles of interest to psychologists in many fields. Preference is given to articles of broad interest which cut across the subdivisions of psychology. The section Comment publishes correspondence on controversies of current interest, as well as brief articles and notes.

The Journal of Abnormal and Social Psychology (quarterly) is devoted to both abnormal and social psychology. Its emphasis is scientific as distinguished from clinical, and it is concerned with basic research and theory rather than with techniques and arts of practice. Abnormal psychology is broadly defined to include papers contributing to fundamental knowledge of the pathology, dynamics, and development of personality or individual behavior, including deterioration with age and disease, Case reports which promise to be important in teaching are often published. From the social area, this

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journal gives preference to papers contributing to basic knowledge of interpersonal relations, and of group influences on the pathology, dynamics, and development of individual behavior.

The Journal of Applied Psychology (bimonthly) favors manuscripts reporting original investigations in any field of applied psychology except clinical psychology and personal counseling. A descriptive or theoretical article is occasionally accepted if it deals in a distinctive manner with a problem of applied psychology. The policy is, however, to favor papers dealing with quantitative investigations of direct value to psychologists working in the following fields: vocational diagnosis and occupational guidance; educational diagnosis, prediction, and guidance at the secondary school level and higher; personnel selection, training, placement, transfer, and promotion in business, industry, and government service including the armed forces; supervisory training in business, industry, and government; biomechanics or design of machines to fit the human operator; illumination, ventilation, and fatigue in industry; job analysis, description, classification, and evaluation; measurement of morale of executives, supervisors, or employees; surveys of opinion on social or political issues; and psychological problems in market research and in advertising.

The Journal of Comparative and Physiological Psychology (bimonthly) contains original experimental contributions to physiological and comparative psychology. Experiments utilizing human and subhuman subjects are given equal consideration. Physiological psychology is regarded as including correlational studies of any aspects of behavior and of the neurological and/or biochemical mechanisms underlying behavior. Theoretical interpretations of specific experimental discoveries are encouraged.

The Journal of Consulting Psychology (bimonthly) is the clinical journal of the APA. It is devoted primarily to original research relevant to psychological diagnosis, psychotherapy and counseling, personality, and the dynamics of behavior. Case studies, relevant theoretical contributions, descriptions of clinical techniques, and discussions of the training and of the professional practices of clinical psychologists also appear.

The Journal of Experimental Psychology (monthly, two volumes annually) publishes articles intended to contribute toward the development of psychology as an experimental science. Experimental work with normal human subjects is favored over work with abnormal or animal subjects. Studies in applied experimental psychology or engineering psychology may be accepted if they have broad implications for experimental psychology or for behavior theory.

Psychological Abstracts (monthly, including an annual index number) contains noncritical abstracts of the world's literature in psychology and related subjects. Unlike other APA journals, it contains no original articles and therefore solicits no contributions. Competent abstracters are almost always needed, however, especially to cover foreign-language journals, and books and periodicals in fields related to psychology. Abstracters are appointed by arrangement with the editor.

Psychological Bulletin (bimonthly) contains critical reviews of the literature in all fields of psychology, methodological articles, and discussions of controversial issues. Reports of original research or original theoretical articles are not accepted.

Psychological Monographs² (published at irregular intervals, making an annual volume

A monograph in the *Psychological Monographs* series differs in some respects from a journal article. Its form is more like that of a book. Authors of monographs should note the special instructions given in the following sections of this manual: 2.34, 3.9, and 8.11. Supplementary directions on some points may be found in the article by Conrad (6).

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of about 550 pages) consists of studies of a more definitive nature than are ordinarily possible within the confines of a brief journal article. Preference is given to experimental research, though other studies (such as of apparatus or statistical methods) are not necessarily excluded. *Psychological Monographs* prints only the original contribution of the author; background and bibliographic materials must, in general, be excluded or kept to a minimum. Statistical tables are limited to the most important of the statistical findings. In general, "separable" sections of a study are not included, but are recommended for separate publication as journal articles. Although there is no fixed limit to the number of pages permitted in any monograph, shorter reports of 20 to 30 printed pages are preferred.

The Psychological Review (bimonthly) is devoted to articles in general and theoretical psychology. This area is obviously difficult to define, but preference is given to manuscripts which contribute broadly to fundamental concepts and theory. Papers that present surveys of literature, report experiments, or deal with applications are not ordinarily

appropriate. The Psychological Review does not publish book reviews.

Publication Policies

Policies and practices have been established for the operation of the APA journals, either by formal actions of the governing bodies of the APA or through informal consensus and established custom. The procedures by which the Association controls its publication enterprises are stated in its By-Laws, mainly in Article XVII, and also in parts of Articles III, VI, VII, XIV, XVI, and XIX. Interested readers and authors should consult the By-Laws for information concerning the formal aspects of the management and operation of the journals.

Submission of manuscripts. Any qualified person may submit a manuscript to an APA journal. The author does not have to be a member of the American Psychological Association or to be sponsored by a member. Manuscripts are ordinarily submitted voluntarily on the author's initiative, although editors sometimes invite an author to submit an article. In no instance does an author receive remuneration. Manuscripts should be sent to the editor of the appropriate journal at his editorial office, not to the APA Central Office in Washington. The name and address of the current editor may be found in the most recent issue of the journal.

Selection of manuscripts. A manuscript is judged by three main criteria: (a) it must make a significant contribution to an area of psychology appropriate to the journal to which it is submitted; (b) it must convey its message clearly and as briefly as its content permits; and (c) it must be in a form that will maintain the journal's integrity of style, and communicate to the printer exactly what he is to set in type. Manuscripts which do not fulfill the first criterion are rejected. Those which

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do not meet the second and third requirements fully are usually returned to the author for revision.

The editor is responsible for the selection or rejection of manuscripts submitted to his journal. Most APA journals have boards of consulting or associate editors to whom an editor may refer manuscripts for review and recommendation, but the editor makes the final decisions.

Articles in series. The APA editors discourage the publication of a series of articles based on a single research study for two reasons: (a) space is wasted because of the duplication of introductory matter, description of procedure, etc., and (b) the reader's task is made more difficult than if a single, unitary article were published. Serial publication is justified only if each separate article deals with a study which stands logically and psychologically as an autonomous unit.

Duplicate publication. Articles which have already appeared in another printed periodical of general circulation are not acceptable. Legitimate exceptions to the practice of forbidding duplicate publication are recognized, however. Research done under contract with a government agency, for example, must often be reported in full in a special bulletin series published by the agency. Such material in abbreviated form may be submitted to a journal without prejudice.

Book reviews. Book reviews are published in the Psychological Bulletin, the Journal of Abnormal and Social Psychology, and the Journal of Applied Psychology. They are assigned to persons who are willing and able to write concise but critically evaluative reviews. Each editor keeps a file of competent reviewers and their areas of interest and competence. A person who wishes to review books should write to the appropriate editor, specifying the types of books he feels prepared to review. A commitment to review involves certain obligations on the part of the reviewer, among which promptness is important. Most book reviews must be fairly short; the average review runs from about 500 to about 900 words.

The brief reviews of books and tests published in the *Journal of Consulting Psychology* are prepared entirely by its editor and associate editors. No other reviews are solicited or accepted.

The editing of manuscripts. Editors do not undertake the major editorial revision of manuscripts. Defective or excessively long papers are often returned to authors with detailed recommendations for revision. In all cases, the author is consulted about major changes. Minor changes, to improve details of expression or to correct errors of form, are made by the editor without consulting the author.

The position of Managing Editor of APA Publications was established in 1950 at the Central Office in Washington. The Managing Editor relieves the editors of certain burdens, including the final check-

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ing of manuscripts for uniformity of style, their preparation for the printer, proofreading, and the compilation of indexes.

Order of publication. Manuscripts are ordinarily published in the order of their receipt, although certain exceptions are recognized.

(a) A short manuscript may occasionally be printed ahead of its turn to fill an economical number of pages in a particular issue. (b) Manuscripts solicited by the editor for a particular issue may be published without regard to date of receipt. (c) An author may secure "early publication" of an article by paying full publication costs.

The American Psychologist is exempt from the rule because it must adapt its publication schedule to the requirements of official APA documents and reports, and may give prompt publication to professional articles whose value depends on timeliness.

Date of receipt of manuscripts. Every published article is accompanied by a printed statement of the date of its receipt. This date is ordinarily the date of the first receipt of the manuscript, provided the author makes any required revisions in time to meet a deadline set by the editor. If the author fails to meet the deadline, the date on which the revised manuscript is received is considered the date of receipt, and publication order is determined accordingly.

Psychological Monographs, which deals with longer manuscripts, finds it impracticable to set deadlines for revisions. Therefore, the date of receipt of the final revision determines the order of publication.

Publication lag. The "lag" is the interval between the receipt of an acceptable article and its appearance in print. A lag of six to eight months is considered optimal, because of the time needed to correspond with authors about revisions, to edit and prepare manuscripts, and to get them printed. It is the policy of the APA editors to keep publication lag within bounds by several methods:

a. By increasing the rate of rejection of manuscripts. This practice has the disadvantage, however, of setting relative instead of absolute standards, and of risking the loss of articles of value.

b. By insisting on the greatest brevity consistent with the adequate presentation of the material, and by returning excessively lengthy manuscripts for abbreviation (see sec. 1.2 of this manual).

c. By recommending the auxiliary publication of lengthy tables, figures, protocols, descriptions of procedure, etc. (see sec. 5.).

d. By encouraging "early publication," which is described in a subsequent paragraph.

The cost of scientific publication. It is expensive to publish scientific journals. Their relatively small circulation and the complicated nature of the material they contain mean that there must be a continual struggle to produce and distribute them at prices their readers can afford

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to pay. The APA journals are self-supporting and their cost to subscribers is still moderate. The solvent financial structure of the journals is based mainly on two factors. A major factor is the limitation of the annual pages of each journal to an economically practicable number. A minor but still significant factor is that authors bear a small proportion of the cost of publication.

Page allowances of journals. Each journal has an annual quota of pages, determined yearly by action of the Council of Representatives, on recommendation of the Publications Board through the Board of Directors. A journal's page allowance is primarily a matter of economics: balancing the costs of publication against the income from subscriptions. In setting a journal's page quota, consideration is also given to its publication lag, its rejection rate, the availability of other publication outlets, and the probable loss to psychology that might result from further delays or rejections. Each editor has an obligation to keep his journal within its page quota and to prevent publication lag from becoming unduly long.

Early publication. An author may secure more prompt publication if he agrees to pay the cost of printing his article as additional pages of a journal, beyond its normal quota of pages. An article accepted for early publication is inserted in the next issue to go to press, involving a lag of only from two to five months, with a median of about three months. To be accepted for early publication, an article must meet the editor's standard criteria of acceptability. The costs charged to the author include a base charge per page plus the total costs of all tables, graphs, and other material requiring special composition by the printer. The base cost per page varies from journal to journal; at 1952 price levels it averaged about \$15.00 per page.

By action of the Council of Representatives, the policy of accepting articles for paid early publication is followed by all APA journals except *Psychological Abstracts*, to which the policy is irrelevant, and the *American Psychologist*, which is given freedom to publish articles of urgent professional interest out of turn without charging the cost to the author.

Costs charged to authors. The author of a regularly published article is charged one-half of the cost of tables, graphs, formulas, and other materials that require special, and hence expensive, composition by the printer. The charges vary with the amount and complexity of the material. Each full page of tables, or its equivalent, resulted in a cost to the author of from \$6.00 to \$12.00 at 1952 prices.

The author is charged the full cost of alterations or corrections, due to his own errors or preferences, which he makes on the proofs. At 1952

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prices, the charge by printers for such corrections was at the rate of about \$4.50 per hour. The author does not pay for the correction of errors made by the printer.

The author of a monograph in the *Psychological Monographs* pays a part of the total cost. At 1952 levels, the author paid approximately 22 per cent of the printing cost. amounting to about \$4.00 per printed page; the APA paid the other 78 per cent. The author receives 150 copies of his monograph without extra charge and may order additional hundreds, in advanced of printing, at cost.

Reprints. With the galley proofs, the author receives a reprint order blank, giving information about reprint prices. All reprints must be ordered when the proofs are returned, and the author is billed for their cost at a later date. Reprints are usually run off by the printer after the issue has been printed and mailed, and often do not reach the author until two or three months after the issue date. The APA journals provide no reprints without charge but give the author five copies of the issue in which his article appeared.

The Preparation of Manuscripts

The following sections of the manual describe the standards of style and form adopted by the APA journals. Some sections are concerned with the broader issues of organization, literary quality, and the preparation of informative tables and graphs. Other parts of the manual are devoted to more detailed matters of form, such as headings, abbreviations, footnotes, and the citation of references.

The requirements of style do not originate from the capricious whims of editors. The main reason why every manuscript must be invariably uniform in style is that printers are trained to "follow copy" slavishly. Printers set in type every letter, symbol, and punctuation mark exactly as it appears in the manuscript. Consequently, either the author or the editor must make the manuscript perfect before it goes to the printer—and editors prefer that authors assume the responsibility.

To permit indexing and reference, the following sections are numbered decimally.

1. Organization and Writing

1.1 Organization

The goal of scientific writing is effective communication. More specifically, its goal is to communicate abstract propositions, logical arguments, empirical observations, and experimental results, and their interrelationships and interactions. Clear organization is an especially important condition for such communication. Organization lightens the

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burden of the reader, and helps him to understand the author's intentions. In terms of Gestalt psychology, it helps the "figure" to stand out.

An article should be organized in terms of a formal outline which provides a clear and logical sequence of communication. The author's outline can be made apparent to readers by the discriminating use of headings (see sec. 2.3). The organization of an article that reports an experiment has now become fairly standard. The principal divisions of such an article are Problem, Method, Results, Discussion, and Summary. In some instances it is appropriate to use these words as centered headings, but more often the headings should be phrased to meet the particular requirements of a study.

1.11 Problem. An adequate exposition of the problem should state the questions asked and the reasons for asking them. In reports of theory-testing experiments, the exposition should state the theoretical propositions from which the hypotheses to be tested are derived, give the logic of their derivation, summarize the relevant arguments and data, and state formally the hypotheses to be tested.

1.12 Method. The method should be described in enough detail to permit the reader to repeat the experiment unless portions of it have been described in other reports which can be cited. This section should describe the design of the research, the logic of relating empirical data to the theoretical propositions, the subjects, the sampling and control devices, the techniques of measurement, and any apparatus used. Sometimes space limitations dictate that the method be described synoptically in a journal, and a more detailed description be given auxiliary publication (see sec. 5.).

1.13 Results. The section on results should give enough data to justify the conclusions. Special attention should be given to tests of statistical significance and to the logic of inference and generalization from empirical observations. Here again, auxiliary publication (sec. 5.) is desirable for supplementary tables of extended results.

1.14 Discussion. The discussion should point out the limitations of the conclusions, note correspondences or differences between the findings and widely accepted points of view, and briefly give the implications for theory or practice.

Reports of research resulting in negative or unexpected findings should not end with long discussions of possible reasons for the outcome. Brief discussion is appropriate. Long "alibis," unsupported by evidence or sound theory, add nothing to the usefulness of the report.

1.15 Summary. Most articles, except very short papers, notes, and rejoinders, should end with a brief formal summary of the problem, the

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results, and the conclusions. If the summary does not exceed 130 words, it can often be used as the abstract of the article in *Psychological Abstracts*.

1.2 Length of Articles

The ideal of scientific writing is maximal brevity consistent with good communication. Every author should make an effort to condense his report as much as feasible before submitting it for publication. Brevity is important because it lightens the reader's burden, reduces the costs of printing and editorial work, and serves to spread the limited space in the journals more widely among authors. Other factors equal, therefore, the briefer of two articles is the more likely to be accepted by an editor. Editors commonly make a policy of returning discursive manuscripts for condensation.

1.21 Standards of length. The average length of an article varies somewhat from one journal to another, the range being from about 3,500 to 5,000 words, or about 10 to 15 pages of double-spaced typewriting. To maintain this average, critical scrutiny must be given to the length of every manuscript. Even an apparently short paper may be too long if its report can be made in fewer words. Long manuscripts are acceptable only if they have great merit, or if especially bulky materials such as verbatim transcripts of interviews are essential to their value.

Reviews of literature published in the *Psychological Bulletin* may be longer, but the upper limit is about 16,000 words unless special arrangements have been made with the editor.

- 1.22 How to reduce excessive length. Some practical suggestions for abbreviating articles are:
- a. No attempt should be made to review the history or the literature of an area in the introduction or in subsequent sections of an article. The reader should be referred to previous summaries. Only the results and arguments required to provide the context for one's problem should be presented, and these in synoptic form.

Because many articles originate from masters' theses and doctors' dissertations, a word is in order concerning the difference between a thesis and a scientific article. A dissertation has the function of demonstrating the student's competence. Full documentation, historical development, complete tabular presentation, and reflective elaboration are often expected. A scientific article, in contrast, has the function only of communicating the author's original contribution. Lack of space and economy of readers' time compel the exclusion of other materials.

b. Every thought should be conveyed without waste of words or repetition. Discursive writing is the greatest enemy of brevity. Try re-

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writing each paragraph in reduced length, but with the same substance.

c. The economical use of tabular presentation is an efficient aid to brevity (see sec. 4.1).

d. Data should be presented no more than once. Although it is appropriate to refer to tabular data in the text of an article, care should be taken not to repeat data unnecessarily in the section on results, in the discussion, and in the summary.

1.3 Literary Quality

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Good literary style, whether in scientific or in any other kind of writing, is more a matter of taste than of strict rule. The editors of APA journals assume that contributors can make effective use of the elementary rules of grammar; beyond that point the manner of expression will vary considerably. Editors make no attempt to impose their own literary style upon an author. The main requirement is that authors should have something to say and should know how to say it. Helpful suggestions with respect to logic and clarity of expression can be found in a number of publications, such as Fowler (9), Flesch (8), Bruner (5), Stevens and Stone (15), Words into Type (26), and in several "collegiate" and "desk" dictionaries.

The main task of an APA editor is to select manuscripts on the basis of scientific merit. He does not have time to go over the papers with an eye to improving the style of writing. If an article is written in such an awkward and confused manner that its meaning is obscure, the editor will be obliged to return it to the author although he may realize that the content has scientific merit. Contributors should therefore make sure that what they send in is ready for the printer, at least so far as literary style is concerned. The following is an example of the sort of sentence that is *not* ready for the printer.

Stemming from a new type motor skills performance army test, the data, although containing suggestive implications, suffers from a lack of control group comparisons, which was pointed out earlier, and hence is one reason why a psychologist disinterested in the field cannot be blamed for claiming that it fails to spell out implementations which deserve their attention.

1.31 Avoidance of jargon. Scientific writers, especially those in the psychological and social sciences, are frequently criticized for using too much technical jargon. It is obvious that in many cases the criticism is not justified. Difficult ideas may require difficult language. Articles in scientific journals are designed primarily for readers who are familiar with professional vocabularies. Yet some writing in psychology gives

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the impression that long words and obscure expressions are regarded as evidence of scientific status. Here is an unfortunate example:

The conditions imposed by the design of the experiment were such that the subjects were required to operate the manipulandum in accordance with a complex differential presentation of discriminanda.

Translated into plain English, the passage is:

The task required the animal to depress the bar when the light flashed, and to avoid it when the tone sounded.

The colloquial speech used in laboratories and clinics is the source of another kind of jargon, quite out of place in formal writing. A "hookup" should be called a *circuit*; a "set-up" is a *design* or *arrangement*; a "work-up" is an *analysis*; and a "write-up" is a *report*.

1.32 Securing helpful criticisms. For many able scholars good writing is a difficult and irksome task. It is better to seek advice before submitting a manuscript than to hope that an editor will overlook its awkward and equivocal sentences or take time to straighten them out.

One practicable resource is to give a manuscript a "trial run" on a professional colleague, or better, on several of them. A review by others may evoke helpful comments concerning ambiguities or infelicities of phrasing, possible loopholes in the argument, or significant implications that have been overlooked.

If expression is difficult for an author, he may seek help from a competent critic who will help him improve his literary style. First, the general plan of the article should be studied to see that its organization is clear and logical. Second, each paragraph and sentence should be examined in detail, and all faulty elements reconstructed. Help and advice of this kind may save the author the disappointment of a rejected manuscript and will spare the editors much trouble and embarrassment.

2. Title and Headings

2.1 Title

An article's title is important and should receive careful consideration. Its aptness is essential to later indexing and ready reference. Many papers are overlooked by subsequent workers in a particular area because of inaccurate or inadequate titles, and much research time is lost in checking articles with misleading titles.

2.11 Titles should be short. The title should convey the exact topic of the article, but need not specify all the variables involved. Do not try to cram a statement of the methods and results of a study into its title.

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mini. (401 If an article becomes well known, the readers will devise a short title themselves. A psychologist will say to another, "Have you seen Smith's study of fear and learning?" He surely will not say, "Have you seen Smith's experimental study of the effect of fear induced by electric shock upon the instrumental conditioning of *Cricetus auratus?*"

The editor has to make a short title for almost every article to use as a "running head" at the top of right-hand pages. The author should help him by selecting a title short enough to serve that purpose.

Titles should never begin with phrases such as "A study of," or "An experimental investigation of." These words serve no useful purpose, and unnecessarily increase length.

While short, concise titles are generally preferred, it is recognized that in some instances as many as fifteen words may be needed to define the topic of the article.

2.12 Typing the title. The title should be typed, centered, at the top of the first page of the manuscript, with a margin of one and one-half inches above it. Type the title in capital and small letters, capitalizing all words except articles, coordinating conjunctions, and prepositions. Do not type it in all capital letters. It is much easier for an editor to indicate capitalization when he wants it than to indicate small letters when capitals have been typed. If the title is more than one line long, double space between its lines.

2.2 Indication of Authorship

2.21 Author's name. The name of the author, or names of authors, should be typewritten, centered, one double-spaced line below the title. Type the names in large and small letters, not in all capital letters.

Do not precede the author's name by the word By.

Omit all titles or degrees, either before or after the author's name. Dr., Col., Ph.D., M. D., Assistant Professor of Psychology, Chief Clinical Psychologist, etc. never appear in connection with an author's name in APA journals.

2.22 Institutional connection. One double-spaced line below the author's name, type his institutional connection, if any. The citation should be as brief as possible. In most instances only the name of the institution is required. Write Harvard University, not Department of Psychology, Harvard University, Cambridge, Mass.

When the author's main institutional connection is not with the Department of Psychology, it is often appropriate to cite his division or branch. Examples: University Hospital, Student Counseling Center, School of Education.

While brevity is important, cryptic abbreviations which may be unfamiliar to many readers should be avoided. For example, cite New York Regional Office, Veterans Administration, not NYRO, VA.

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If an author has moved from one institution to another before a study carried out at the first location has been published, it is customary to list the new location under his name and to make acknowledgment to the former institution in a footnote.

In the publication of doctors' dissertations and masters' theses, it is customary for the author to list under his name the institution at which the graduate work was done, and to acknowledge his present location, if it is different, in a footnote.

A student or intern should secure the permission of his department head before listing his university or other institutional connection below his name.

2.23 Authors without institutional connection. An author who has no institutional connection lists the city and state of his address below his name.

2.24 Multiple authorship. If two or more authors of an article are located at the same institution, their names are typed on one line if space permits. Their institutional connection appears on the next double-spaced line. Commas separate the names of three or more authors.

If the authors are from different institutions, the authors from each institution are named on one line, with their institutional connection immediately below. The word and preceding the last-named author appears on the same line as his name. In typewriting, double space between each line. Example:

Rodger F. Griessel, Donald C. Perkins

University of Alaska and Nancy J. Sittig The Nome Institute

2.3 Headings

The outline of an article, its major divisions and successively subordinate orders of subdivisions, should appear concretely in the manuscript as a series of well-chosen headings.

2.31 Orders of subordination of headings. The APA journals use as many as four orders of subordination in headings, but not all of them are required in every article. The four types of headings are, in order of precedence:

Order I. Main headings are centered, and are typed in capital and small letters, with major words beginning with capitals. They are not typed in all capitals. No period is used after the heading.

Order II. Second-order headings are also centered and typed with main words capitalized. They are underlined to indicate italics, and do not require a period.

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Order III. Side headings are typed flush to the left margin, in capital and small letters without a concluding period, and are underlined to indicate italics. Text following a side heading starts on the next double-spaced line and receives paragraph indention.

Order IV. Paragraph headings are also known as "run-in sideheads." They are typed with a paragraph indention. They may have only the first word capitalized or all main words capitalized; practice varies. They end with a period and are underlined. The text follows on the same line without extra spacing.

2.32. Selection of headings. Very brief and homogeneous articles may require no headings. If headings are used, the following rules should be observed.

a. One type of heading may be sufficient for a short article. In such cases, only main centered headings (Order I) should be used.

b. Two levels of headings meet the requirements of a great majority of articles. When two types are used, main centered headings (Order I) should always be selected, with either side headings (Order III) or paragraph headings (Order IV) as the subordinate level.

c. When three types of headings are required, they should be main centered headings (Order I), side headings (Order III), and paragraph headings (Order IV).

d. Four headings are suitable only for monographs, articles reporting a series of related experiments, and lengthy reviews of literature. They may use the four levels: I, II, III, and IV. The second-order centered headings (Order II) are avoided unless all four types are required.

2.33 Avoid initial headings. Initial headings such as Introduction or Purpose are superfluous, inasmuch as all papers necessarily begin with an introduction, however brief. Initial headings often spoil the regular appearance of the first page of an article.

2.34 Numbering of headings. The headings in articles submitted to journals should not be numbered or lettered. The varying styles of headings, and their arrangement, sufficiently reveal the organization of the paper.

The decimal numbering of sections of this manual is exceptional, intended to permit indexing and cross reference.

Psychological Monographs, because it deals with longer manuscripts, has special problems. A monograph is divided into chapters, each beginning on a new page and numbered with a roman numeral. For economy, very short chapters of two or three pages should be avoided. Within a chapter, all orders of headings may be used, alternately lettered and numbered—A, 1, a, (1)—to permit convenient cross reference. See Conrad (6).

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2.4 Other Methods of Subordination

In addition to the use of headings, two other methods are commonly used to reveal an article's plan and outline.

2.41 Smaller type. Details of apparatus and procedure, instructions to subjects and judges, case materials, and other subordinate matter, as well as all longer quotations (see sec. 3.74), are often set in reduced-size type. This practice saves space and distinguishes the material so set.

Material to be set in smaller type must be typewritten with double (not single) spacing. Do not give an extra indention to any of the lines of such material when typing it. Ordinarily, the smaller type is set the

full width of the column or page in the journal.

Most editors prefer to make the final decisions with respect to the use of smaller type. Therefore, authors need only make sure that matter which might be set in reduced type is typewritten in appropriate paragraphs. The editor will add the instructions to the printer.

2.42 Seriation of paragraphs. Successive steps of method, itemized conclusions, etc. are often made clearer by brief, numbered paragraphs. For that purpose, use arabic numbers or small letters, followed by a period. Do not place numbers or letters standing before paragraphs in parentheses, or follow them with a closing parenthesis.

2.43 Seriation within paragraphs. Seriation within a paragraph or sentence should be shown by small letters, in parentheses. Do not use numerals in parentheses for this purpose, because numerals in

parentheses designate bibliographic references.

3. General Style

When an editor or a printer refers to "style" in a manuscript, he does not ordinarily mean its literary quality, but its observance of recognized canons of spelling, capitalization, punctuation, abbreviation, and the like. The most important requirement concerning style is consistency. The author of a book may have considerable freedom to choose his style, provided he is always consistent. Journals, in contrast to books, print the works of many authors on adjacent pages and must therefore have more definite rules if glaring inconsistencies are to be avoided. To give an extreme example, what impression would be created if the Vocabulary of the Wechsler-Bellevue Scale were designated within one issue of a journal as a subtest, a sub-test, a Sub-test, and a sub-Test?

Authors should take "style" seriously if their articles are to communicate effectively and to be acceptable for publication. There are several good references on style, with which authors should be familiar. The University of Chicago Press's Manual of Style (21) is used widely.

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Words Into Type (26) contains sections on grammar and word usage, topics not included in most manuals. Other useful references are the style books of the Government Printing Office (24), of the Modern Language Association of America (14), and of John Wiley and Sons (18). On the choice of words, Fowler (9) is invaluable. Barnhart (3), in addition to being a satisfactory compact dictionary, contains a digest of grammar and notes on word usage. It must be noted that style books are often in conflict on minor issues. When there is disagreement, the instructions given in the present article hold for the APA journals.

The official dictionary of the APA journals is Webster's (25), and all problems of preferred spelling and the like should be referred to it.

3.1 Capitalization

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Rules for capitalization are extensive, and general references (21, 24, 26) should be consulted. Only three problems often met in psychological journals are taken up here.

3.11 Titles of books. The exact title of a book has every main word capitalized when printed in the body of an article, and is also underlined to show italics. In the reference list, only the initial letter of the first word is capitalized (see sec. 7.72).

3.12 Titles of tests, etc. When the words test, scale, schedule, inventory, and the like are used in a generic sense, they are not capitalized. When they are a part of the exact title of a particular test or form, capitalization is used. Hence we have the Porteus Maze Test, the Wechsler-Bellevue Intelligence Scale, the Strong Vocational Interest Blank, and the Minnesota Multiphasic Personality Inventory. Sometimes inexact words are used in naming an instrument. These are not capitalized: the Rorschach test (but, the Rorschach Psychodiagnostic), and the Wechsler test (but, the Wechsler-Bellevue Scale).

3.13 Institutions and persons. Do not capitalize departments, as department of psychology, unless used as an address, or titles unless they precede a name. It is Professor Charles A. Lincoln, Department of Psychology, Englewood University, but Charles A. Lincoln, professor of psychology in Englewood University. The names of specific schools are capitalized, as Duke University, or the Medical School (when referring to a particular one), but are not capitalized when used generically, as in the phrase accredited medical schools.

3.2 Compound Words

In English, compound words may be written in various instances as (a) combined unbroken words, (b) hyphenated words, or (c) separate (405)

words. Modern practice, generally adopted by APA journals, favors the combined unhyphenated forms. For a full discussion, see the reference manuals (21, 24, 26). On particular words, consult Webster's (25), which generally shows whether to use the unbroken or hyphenated form. Only a few cases of special interest to psychological journals can be cited here.

3.21 Words formed with prefixes. Words formed with prefixes—bi, co, non, over, pre, sub, and the like—usually do not require a hyphen. A general rule is to omit the hyphen unless the word is "unusual." Since technical journals use many words that would be "unusual" in newspapers and popular books but which are quite familiar to persons in a profession, they tend to use fewer hyphens. Here are a few examples of words that are not hyphenated in technical writing:

bipolar	postencep	halitic
coeducation	posttest	
nondirective	pretest	
nonschizophrenic	reunite	
overaggressive	subtest	

Some exceptions which require the use of a hyphen are:

a. When necessary to avoid confusion of meaning: re-pair (to pair again).

b. When the vowels would form a diphthong or suggest mispronunciation: co-author, co-worker.

c. When the word to which the prefix is added is a proper name: non-Freudian.

d. When the word begins with the terminal vowel of the prefix: re-examine.

But, an exception to an exception is the writing of coordinate and cooperate, and all their variant forms, without the hyphen. These words are used frequently, and the hyphen destroys the sense of unity essential to their meanings. An especially awkward form is "unco-ordinated"; uncoordinated is preferred.

3.22 Some other compounds. Compounds of an adjective and a noun, or of two nouns, often fuse together with frequent use. Thus we use no hyphens in casework, classroom, feebleminded, formboard, textbook, and workshop. Long technical phrases are best written as separate words without hyphens: child welfare research, public health administration, etc.

3.3 Use of Italics

When you underline a word in a manuscript, you are instructing the printer to set that word in italics. Italics should be used sparingly.

3.31 Italics required. Titles of published books and names of journals when used in running text should always be italicized and also capitalized.

Unassimilated foreign words are italicized; common and well-assimilated foreign words are not. It is unnecessary to provide a list because

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Webster's (25) indicates by a special symbol—two vertical lines in front of the word—the words and phrases of foreign origin that should be italicized; others found in Webster's should not be italicized. The Chicago Manual (21) discusses use of italics at length.

3.32 Italics permitted. When a new and important term is introduced, or when a key word early in a paragraph is stressed in lieu of a heading, the word may be italicized. This practice serves as a supplementary method of outlining.

When the meaning or use of a word is being discussed, it is appropriate to set it off by means of italics. Example: The word test is capitalized only when....

3.33 Italics discouraged. In technical writing, italics should rarely be used for emphasis. An occasional not, where needed, should be the limit. Excessive use of italics for emphasis, imitating the stresses that can be made in oral speech, characterizes an immature style of writing. Give stress by headings, by paragraphing, and by the structure of sentences. Do not underline long phrases or whole sentences to give them prominence.

3.4 Punctuation

Punctuation is a complex topic, and standard references should be consulted (21, 24, 26). A few points that seem to give trouble in psychological writing are:

3.41 Commas. Technical writing should be "tight," and it is best to use commas freely. In an enumeration of three or more items, use a comma before the and: "... the height, width, and depth"

There is often confusion as to whether a clause should be set off by commas. A defining clause, which limits the meaning of the word it modifies, does not use commas. (Example: "... the switch that stops the recording device.") A nondefining clause, not limiting the meaning, is set off by commas. (Example: "... the switch, which is placed on a panel, controls....")

3.42 Hyphens. The hyphen, even aside from its use in compound words, is a demon among punctuation marks. Perhaps a few examples will help.

a. A compound modifier is hyphenated when ambiguity may be avoided thereby: . . . characteristic of client-centered counseling

... exceeded the control-group mean

b. The same word groups, however, are not hyphenated when they do not constitute a modifier:

... the counseling is client centered

... used a control group

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c. When two or more compound words have a common base, the base may be indicated in all but the last by a hyphen. Note the space following the first hyphen in the illustrations.

a fourth- or fifth-grade class two- and three-year-olds

the pre- and posttests

d. Fractional expressions use the hyphen: one-half; four and five-sevenths; half-asleep

e. The compounds of self- are usually hyphenated: self-conscious, self-evident. But the phrase the self concept, i.e., the concept of the self, is not hyphenated.

3.43 Dash. In typescript, the dash is always indicated by two hyphens, not one. Do not leave a typewriter space before or after the hyphens or between them.

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3.44 Quotation marks. In American practice, double quotation marks are used to indicate primary quotations, whether of a single word, or of one or two sentences. There is a common misconception that a single word is placed in single quotation marks. Not so! Example: The so-called "nervous" rats...

Quotations within a quotation are enclosed in single quotation marks if the whole quotation is in double quotation marks. Example: The experimenter reported, "When I said, 'Ready, go,' in a loud voice, the subject was startled."

When a quotation is set off from the text in reduced type (see sec. 3.74), quotations within it are enclosed in double quotation marks.

For the sake of pleasing typography, always place the comma and the period inside quotation marks. Take this rule seriously; if you do not do so, an editorial worker has to indicate the correct order at every point before the manuscript can go to the printer. Examples: The rats were said to be "nervous." "He repeated, 'Think, think."

3.5 Numbers

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Numbers less than ten are ordinarily spelled out. Write "... used three [not 3] groups" However, there are several specific exceptions:

Numbers less than ten are given as numerals when they come in a series such as 3, 8, 11, and 17; indicate a page in a bibliographic reference; are comparable to two-digit numbers used in the same paragraph; express scores or percentages; or precede an abbreviation indicating quantity, such as 3 ft.

Exact numbers of more than one digit are given in arabic numerals; round numbers are usually spelled out.

Never begin a sentence with a numeral, even if other numbers follow. For example, you must write: "Forty-three men and 38 women replied."

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Usually it is better to recast such sentences, as: "Replies were received from 43 men and 38 women."

3.6 Abbreviations and Symbols

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3.61 Abbreviations. In scientific writing, abbreviations are used for many technical and statistical terms. A sentence, however, never begins with an abbreviation. For a discussion of abbreviations, and for list of commonly used ones, see the general references (21, 24, 26).

a. Abbreviations for many widely understood psychological terms are typewritten in all capital letters without spaces or periods between them. They do not need to be explained. Examples: CA, MA, IQ, EQ, PR.

b. Longer technical terms and names of techniques, if they occur frequently in a particular paper, are spelled out when first used and followed by their abbreviations in parentheses. Thereafter, only the abbreviation is used. For example, an author refers to the electroencephalogram (EEG), or to the Thematic Apperception Test (TAT). The abbreviations consist of all capital letters without spaces or periods. Some other common examples are: ACE, AGCT, EKG, MMPI, and PGR.

c. Names of familiar general, scientific, and government organizations, and military terms, are abbreviated in capital letters without spaces or periods. Examples: AAAS, APA, NRC, SPSSI, SSRC, TVA, USN, WAC, and YMCA.

d. In several APA journals, the word experimenter, and its various forms—singular, plural, and possessive singular and plural—are abbreviated E, Es, E's, and Es'; analogous abbreviations are used for the terms subject (S) and observer (O).

3.62 Per cent and percentage. Either the words per cent or the per cent sign, %, may be used to indicate percentage quantities in the text of articles in APA journals. Each author should be consistent within a manuscript. When per cent is spelled out, it is written as two words.

For economy, the % sign is always used with conventional Rorschach symbols, as A%, F+%, etc.

Good usage requires that the term per cent or the % sign be preceded by a number. The word percentage is used when a number is not given. Examples: "... found that 18% [or 18 per cent] of the subjects..." "... determined the percentage of subjects that..."

3.63 Symbols. Letters used as statistical symbols should ordinarily follow standard American practice, as defined by Dunlap and Kurtz (409)

(7), Kurtz and Edgerton (12), and most textbooks on statistics. Letters with bars, wavy lines, or dots above or below them should be avoided unless the author believes them essential. They cause the printer trouble, and therefore add to expense. Greek letters, and subscript and superscript letters may be used.

Letters used as statistical symbols, and also familiar symbols designating conventional test scores, are always underlined to show that they are printed in italics. Never place such symbols in quotation marks. Examples: t, N, the F ratio, a T score, the W, d, and F% of the Rorschach, and the Pd score of the MMPI.

Special symbols, such as those used in Hull's behavior theory, should be carefully hand printed, without crowding, so as to be optimally legible to the editor and printer.

3.64 Formulas. Because statistical and other mathematical formulas are expensive to set in type, they should not be given unless new or rare, and essential to the author's argument. Common statistical procedures should be used without explanation or reference. Less common formulas and procedures should be accompanied by a reference to a book or article in which they may be found.

When an essential statistical formula is given in an article, place it on a widely spaced line by itself. Be sure that it is clear and uncrowded, and that all symbols, subscripts, fractions, etc. are well aligned.

3.7 References and Quotations in the Text

3.71 References. Show all references in the text by numbers in parentheses that refer to the list of references at the end of the article. The reference numbers may be used with or without authors' names. Examples: "Manuals on editorial style (21, 24, 26) advise that..." "Bruner (5) tells of some of her experiences...."

a. Several reference numbers cited at the same point are given in numerical order, separated by commas, and enclosed in one pair of

parentheses. A space follows each comma.

b. To refer to a particular page, pages, or chapter of a reference, give the citation in the parentheses, following the reference number. Examples: (1, p. 354), (21, pp. 150-153), (8, ch. 2).

c. When reference is made to one source in general, and to particular pages of another source, use a semicolon to separate the reference

numbers. Example: (9: 26, pp. 402-522).

d. Do not use footnotes to cite references to the literature. Cite the reference by number, and give the full description in the alphabetical list at the end of the article.

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3.72 Quotations. Quotations should be given exactly as they appear in the source. The original wording, punctuation, spelling, italics, etc. must be preserved even if they are erroneous. Authors should routinely check the typed copy of quotations with the original source before submitting their manuscripts.

3.73 Short quotations. A short quotation of a sentence or two, which would not be more than five lines when printed, is incorporated in the text, and is set off by quotation marks.

3.74 Longer quotations. Longer quotations, of more than five printed lines, are printed in smaller type. When making a longer quotation: begin a new paragraph; double space between each and every line; do not give an additional indention to every line; do not use quotation marks (see sec. 2.41).

3.75 Additions to and deletions from quotations. Any material inserted in a quotation by the author of an article is enclosed in brackets

If words are omitted from a quotation, three spaced periods (called an *ellipsis*) are inserted. If the omitted words appear after a complete sentence or complete a sentence, there will be four periods rather than three.

3.76 Reference to quotation. The citation of the source of a direct quotation should always include the page or pages as well as the reference number. The citation is given in parentheses, following the last word of the quoted material. It precedes the final period of the quotation, but is not within the quotation marks when quotation marks are used.

3.8 Footnotes

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The use of footnotes should be minimized. Avoid the temptation to bring in questionably relevant material or parenthetical discussions by using footnotes. Generally, such content should be omitted. When clearly pertinent, it can usually be integrated with the text.

3.81 Numbering footnotes. Footnotes to the text, including those attached to the title and to authors' names, should be numbered consecutively throughout the article or monograph with superscript arabic numerals. Do not use asterisks, etc. (For footnotes to tables, see sec. 4.8.)

3.82 Place of footnotes. All text footnotes should be typed with double spacing on a separate page placed at the end of the manuscript following the list of references. Other practices tolerated are to place the footnote between underlines that extend across the page, (a) immediately after reference has been made to it, or (b) at the bottom of the page on which it is cited. In such placements, however, the footnote

must not continue to the next page, and should still be double spaced. It is inexcusable to crowd a footnote at the bottom of an aiready completed page, or to try to squeeze it between lines or in the margins.

3.9 Appendixes

An appendix has no place in a journal article. Material thought suitable for appendixes should be deleted, integrated with the text in abbreviated form, placed in a table, or, perhaps best, be given auxiliary publication (see sec. 5.).

Appendixes may be appropriate in Psychological Monographs, and are placed after the text and before the references.

4. Tabular Presentation

Good tabular presentation sets forth quantitative data systematically, precisely, and economically, by the skillful combination of the elements of a table. Effective tabular presentation facilitates comparisons both within the table and among the tables.

4.01 References on tabular presentation. Worth-while references on tables include the comprehensive manual for the U.S. Bureau of the Census by Jenkinson (11), and the manual of the Social Security Board (22). Walker and Durost (16), although now old, is specifically oriented toward statistical presentations in education and psychology, and includes a chapter on the analysis and criticism of tables.

4.02 Terminology. In order to discuss tables, it is necessary to refer to the technical names of their elements or parts. The principal parts of a moderately complex, single-page table are named in Fig. 1. The reader should refer to the figure frequently while studying the sections below.

4.1 Economy in Tabular Presentation

The printing of tables, even from the best-prepared copy, is expensive. Hence it is necessary to keep tabular material to a minimum consistent with reasonably adequate presentation. The following recommendations should be observed:

4.11 Do not tabulate original data. Original data-test scores, ratings, protocols—should rarely be submitted for journal publication, but deserve auxiliary publication in some instances (see sec. 5.).

4.12 Prepare tables in condensed form. Statistical data should be presented in the most highly condensed form that permits communication.

a. Original and intermediate compilations and calculations should rarely be shown

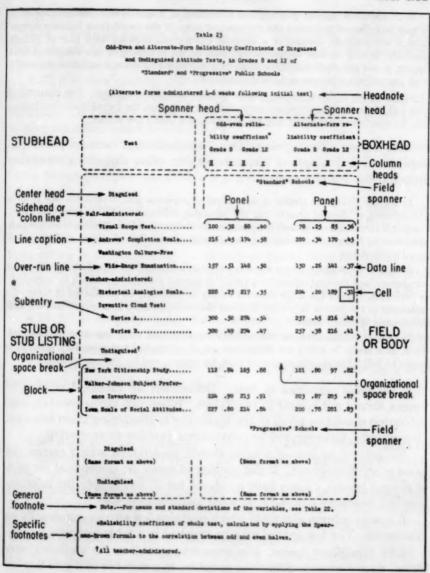


Fig. 1. Identification of the major parts of a table. The illustration also provides an example of the arrangement, spacing, and alignment of a well-prepared typewritten table. Note that overrun lines are indented two spaces; subentries are indented four spaces.

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- b. A complete tabular presentation of statistical results is not always necessary. It may be sufficient to present the average and range of the correlations between judges' ratings, for example, instead of a table of correlations between each pair of judges. Similarly, it may be best to present full data on the matching of two subgroups with respect to one principal variable instead of with respect to several variables, especially if the variables are known to be intercorrelated.
- c. Extensive tables of nonsignificant results are seldom required. For example, if only 2 of 20 correlations are significantly different from zero, the 2 significant correlations may be mentioned in the text, and the rest dismissed with a few words.
- 4.13 Prime and nonprime data. The distinction between prime (independent) and nonprime (dependent) data often suggests a means for reducing the size of a table.

In a table giving the results of an analysis of variance and covariance, one column was devoted to Sum of squares and the adjoining column to Mean square (variance). Inasmuch as the Sum of squares is an intermediate figure, and recoverable from the data presented on Mean square and df (degrees of freedom), the Sum of squares could be eliminated without loss.

A similar redundancy occurs when one column is devoted to p (probability of chance occurrence) and the next column to a verbal statement that the hypothesis is "accepted" or "rejected." Since the latter depends wholly on p, it may be eliminated in favor of a statement in the text or in a table footnote that no hypothesis is accepted unless p falls below some specified value.

In a few instances, reader convenience requires that nonprime data be included. Thus, in a study in which sex differences are of substantial but secondary interest, it would be helpful to present means for men, for women, and for the total group.

4.14 Avoid repetition of data. Ordinarily, an identical column of figures should not appear in two tables. When two tables overlap, consideration should be given to the feasibility of combining them into one. Occasionally, however, reader convenience justifies some overlap.

No column or row of a table should be retained which carries the same entry throughout. If the number of cases, N, is identical for each of several groups, do not have a column for N, but supply the information in a headnote (sec. 4.33) or table footnote (sec. 4.8).

A row or column of a table which contains few entries can usually be eliminated. The few entries may be supplied in a table footnote.

4.15 Significant figures. For economy, as well as for statistical precision, do not express quantities in tables to a number of digits beyond their significance. Consult statistics textbooks for discussions of significant figures. A common error, for example, is to express means and standard deviations to four or five digits when only two or three places are significant. Two decimal places suffice for correlation coefficients in almost all instances.

4.2 General Mechanics of Presentation

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4.21 Type each table on a separate sheet. Each table, no matter how short, should be typed on a separate sheet. In printing, the compositor who sets tables is generally not the one who sets the text.

4.22 Use wide spacing. Always double space every part of a table—the title, the headnote, the headings, the stub, the data lines, and the footnotes. If possible, triple space above and below column headings, to give the editor space to add rulings.

Narrower spacing—space-and-a-half or, reluctantly, single spacing—is permissible only if necessary to confine the table to a single sheet, but a two-page typewritten table is preferable to a crowded single-page one.

4.23 Rule completely with light pencil lines. Rule your table completely, including both horizontal and vertical rules, with light pencil lines, which will not appear in the printed version. The purpose of the light ruling is to insure clarity. A well-prepared table is easy to rule; a poor one cannot be ruled successfully. If you cannot rule your table without cutting into typewritten material, redraft the table. In Fig. 1, the light ruling is not shown, to avoid overcrowding.

4.24 Make no heavy rules. Make no heavy rules on the table, either horizontal or vertical. The editor will add the conventional heavy rules when he prepares the table for the printer.

4.25 Indicate position of table. In the typescript, indicate by a brief note where a table is to appear, thus:

Insert Table 1 about here

4.26 Refer to tables by number. In the text, always refer to tables by their numbers. Refer to "Table 1" and "Table 2," not to "the following table," or the table "above" or "below." For reasons of layout, the printer usually cannot place the table exactly in the position suggested. Also avoid reference to "the table on page . . ." since the printed page number cannot be known until after page proof has been run, and the insertion of a page number at that stage is expensive.

4.3 Table Headings

Every tabular presentation should be given a table number and title. It is bad form to use a "headless table" introduced by a sentence such as "These facts are shown by the table below."

4.31 Table number. Tables are numbered in arabic (not roman) numerals, consecutively from the beginning of the article or monograph to

the end, including the tables in an appendix of a monograph. Avoid the use of suffix letters to indicate a relationship between successive tables; do not refer to Tables 5, 5A, and 5B, but to Tables 5, 6, and 7. Type the table number centered on the page.

4.32 Table title. Every table has a title which should be brief but clear and distinctive. The title should generally be prepared after the table itself has been drafted, yet be oriented to the reader who of course looks at the title first. Use a "telegraphic" style of writing. Do not attempt a complete inventory of the table's contents. Maintain stylistic consistency between the various table titles in the report.

Type the title with each line centered on the page, beginning one double-spaced line below the table number. Capitalize only the first letter of each principal word. Type double spaced if the title takes more than one line. Do not use a terminal period.

The table subtitle, if any, should be centered below the title. Capitalize only the first letter of each main word.

4.33 Table headnote. A headnote is a general note at the top of a table, under the title or subtitle. A headnote qualifies, explains, or provides information relating to the table as a whole. Thus, the headnote may contain a statement of N, may point out a specific exclusion from the table, etc. Do not use a headnote for general discussion, which belongs in the text.

Type a headnote with only the initial letter of its first word capitalized, double spaced, and enclosed in parentheses.

4.4 Stubhead and Stub

4.41 Stubhead. (See Fig. 1.) The stubhead serves to classify or describe the principal line captions of the stub. Always use a stubhead; if the stub listings are very heterogeneous, *Item* may be used. Type the stubhead centered in the stub box, with only its first letter capitalized.

4.42 Phrasing in the stub. Line captions should be phrased as specifically as limitations of space permit. Captions such as All groups, Both sexes, All trials, etc. are preferable to Total. It is also essential that line captions, especially those under a center or side heading, be phrased in uniform or comparable fashion. Thus line captions under a heading Behavior problem should be uniformly nouns, or verbs, or verbal nouns, etc. Preferred: truancy, nailbiting, overaggressiveness, etc., rather than a miscellany such as truancy, bites fingernails, very aggressive, etc.

4.43 Format of stub. Line captions should be arranged to facilitate comparisons within a table and between comparable tables. In so far as possible, comparison lines should be placed one below the other. Com-

parison lines in different blocks should be placed in comparable positions within the blocks.

Desirable aspects of format are shown in Fig. 1. Note that continued lines are given underhanging indention, generally of two typewriter spaces. Line captions following a sidehead or colon line are generally indented four typewriter spaces.

In preparing the stub, never type headings or subheadings vertically at the left of the line captions; instead, use centered and side heads as shown in Fig. 1. Also, do not type any word in all capital letters or underline any word.

4.44 Nonhomogeneous material. A line caption or group of line captions not homogeneous with the remaining captions of the stub—e.g., a Total or a Mean following a series of detailed line captions—may have its special nature indicated by extra indention, by extra vertical spacing above and below, or by both.

4.5 Boxhead

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The basic unit of the boxhead is the column head or heading of the individual column. A heading which spans two or more column heads is a spanner or spanner head. A higher order or superior spanner subsumes two or more lower spanners. In general, no more than two levels of spanner heads are desirable, although occasionally another level may be necessary (see Fig. 1).

4.51 Position and spacing. Each column head must be centered exactly over the column of entries to which it refers. Similarly, each spanner must be centered exactly over the column heads, or lower-order spanners, to which it refers. Generous space—preferably a triple space—should be allowed above and below each column head and spanner to permit the editor to insert horizontal rules without crowding. These directions must be followed exactly if errors and the expensive resetting of tables are to be avoided.

4.52 Format of boxhead. Column and spanner heads should be typed in small letters, with only the initial letter of the first word capitalized, without a terminal period. If a spanner head is "read into" the column heads below—the spanner and each column head forming a continuous phrase—a terminal dash is employed.

The headings should all be typed horizontally on the page, except in very unusual circumstances. If the headings are unavoidably too long, they may be typed vertically. If typed vertically, headings read up, never down.

4.53 Phrasing in the boxhead. Column heads should be phrased in uniform or comparable fashion (see sec. 4.42).

Column heads and spanners are generally expressed in the singular: Age (not Ages), Mean (not Means), Mean salary (not Mean salaries). However, if each entry applies to a group, the plural form is appropriate: Men, Teachers colleges, Trials 1-4, etc. Similarly, units are expressed in the plural: Seconds, Years of service, etc. Because of space limitations, brief phrasing, telegraphic style, and appropriate abbreviations are used in the boxhead. Brevity, unfortunately, can lead to ambiguity.

When complete clarity is impossible within the boxhead, consideration should be given to such devices as: (a) transposing from boxhead to stub, where more space is generally available, (b) adding one or more appropriate footnotes, or (c) making use of symbols or code letters, explained in a headnote or in footnotes—a device to be used only as a last resort.

4.54 Arrangement. Columns should be arranged so as to facilitate desired comparisons. In so far as possible, comparison columns should be adjacent. Comparison columns in different panels of the table should be placed in comparable positions within the panels.

4.6 Field or Body of the Table

4.61 Field entries. Principally, the field or body of a table contains the numerical data, which may be regarded as column entries in the vertical aspect, as data lines in the horizontal aspect, or as cell entries in the twofold aspect. A cell is the space common to a column and a row.

4.62 Spacing within the table. The purpose of spacing between lines is either to make more explicit the organization of the table, or to make the reading of the table perceptually easier. Occasionally, spacing between lines may be used (a) to separate a relatively nonhomogeneous line or group of lines from a preceding homogeneous group, or (b) to separate one group or block of data from another.

Related columns of data may be set off in panels by means of spacing between appropriate columns. Shortage of space, however, commonly

limits extensive use of this device.

4.63 Field spanners. A field spanner (see Fig. 1) is a spanner set in the body of a table to indicate its organization. Note that the first field spanner is set below the boxhead, never above it, and that field spanners are limited to the field of the table and never project into the stub.

4.7 The Size of a Table

4.71 The dimensions of a table. The width of a table is determined, in general, by (a) the number of "characters" in the longest lines of the stub and the columns of the table, (b) the spacing between columns, also

measured in "characters," and (c) the size of type used. A "character" is any letter, number, punctuation mark, or unit of horizontal space. Not all "characters" require the same amount of space in printing—an *i* requires less space than an *m*—but this fact does not require consideration save in the tightest of tables.

The *depth* of a table is determined by (a) its number of lines from the first line of the table heading to the last line of the footnotes, (b) the spacing between lines, and (c) the size of the type.

4.72 Maximum sizes of tables in APA journals. Table 1 reports the maximum capacity of the APA journals in 1952. It must be emphasized that these are maximum figures, and that tables approaching these sizes will appear dense and crowded. It is best to plan tables well within the stated capacities. In so far as possible, authors should plan to use single-column tables, unless full page width is clearly required. Broadside tables, printed at right angles to the usual page arrangement, and multipage tables should be used only rarely.

An author should count the characters and spaces in each typewritten table so as to avoid submitting a table just a little too large for the intended position in the article. A thoughtful rearrangement, or the omission of a superfluous column (see sec. 4.1), may adapt a table to fit the space available.

4.73 Planning a table. Tables that are too long in one dimension and too short in the other are inefficient and unattractive.

To avoid pencil-like tables—lengthy stub, narrow boxhead—it is sometimes helpful to use a double section arrangement. The stub, instead of appearing as a single column, is divided into two columns, the second stub column appearing in the right-hand half of the table. In this case, the boxhead is repeated in the second section. For an illustration, see Jenkinson (11, p. 14).

To avoid ribbon-like tables—short stub, wide boxhead—use should be made of expedients such as (a) rearrangement to incorporate some elements of the boxhead into the stub, or (b) the use of a double deck arrangement, in which the boxhead is cut in two, the second half appearing as a lower "deck" below the first half. In this case, the stub is repeated in the lower deck. For an illustration, see Jenkinson (11, p. 17).

4.8 Table Footnotes

4.81 Phrasing and format. The brief footnotes appropriate to tables are phrased in "telegraphic" style. When the subject of a verb is omitted, the singular form of the verb is used:

*Includes 30 cases for whom data....

Each footnote to a table should begin with a paragraph indention. Footnotes are typed double spaced, or at least with space-and-a-half separation, across the full width of the page immediately below the table.

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Table 1
Capacity of Tabular Pages in Journals of the American
Psychological Association: 1952

Journal		Upright		Broadside	
		No. of characters per line			
	Single column of double- column page	Full page	No. of lines on pages	No. of characters per line	No. of lines on page
American Psychologist					
8-point type	54	112	77	154	56
6-point type	72	148	103	206	74
Journal of Abnormal and					
Social Psychology					
8-point type	48	100	74	148	50
6-point type	64	132	98	196	66
Journal of Applied Psycho	ology	9			
8-point type	48	99	72	144	50
6-point type	64	132	96	192	66
Journal of Comparative an	d				
Physiological Psychology	y				
8-point type	-	88	68	136	44
6-point type	-	116	90	180	58
Journal of Consulting					
Psychology					
8-point type	48	99	72	144	50
6-point type	64	132	96	192	66
Journal of Experimental					
Psychology					
8-point type	42	88	68	136	44
6-point type	56	116	90	180	58
Psychological Bulletin			- 1,2 1		
8-point type	all de Torre	80	62	124	40
6-point type	-	108	82	164	54
Psychological Monographs	100	112/19/1			
8-point type	45	94	69	138	47
6-point type	60	124	92	184	62
Psychological Review	note and		45		
8-point type	42	. 88	68	136	44
6-point type	56	116	90	180	58

Note.—The unit of the "character" reported in the table is the printer's en, which equals one-half an em. A sufficiently accurate estimate can usually be obtained by counting each typewritten character est space as one "unit." When greater precision is required, the following measures may be used:

j unit: i j 1 . . ; : ' -

1 unit: a b c d e f fi fi g h k n o p q r s t u v x y z " - I J

1 unit: fi fi m w A B C D E F G H K L N O P Q R S T U V X Y Z

2 units: M W -

Small capitals are the same as lower case except L is 1 unit. Numerals are all 1 unit.

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4.82 Reference symbols to table footnotes. General footnotes which pertain to a table as a whole are typed immediately below the table and are preceded by the word Note which is followed by a dash.

Specific footnotes, which refer to the stub or to particular column headings, line captions, or cell entries follow in order. The reference marks should be the asterisk (*), dagger (†), double dagger (‡), section mark (§), paragraph mark (¶), and parallel lines (||), in that order. When, rarely, more than six symbols are required these reference marks may be doubled in the same sequence. The footnotes of a table are independent of those of any other table and of the text, and begin with the asterisk (*) in each table. When the same footnote pertains to more than one referent, the same reference symbol is placed after each such referent.

Convention permits the single asterisk (*) to indicate statistics which are "significant at the 5% level," and the double asterisk (**) to mean "significant at the 1% level."

4.83 Continuation of multipage tables. It is well to add a continuation footnote to the bottom of every page but the last of a multipage table. Such a footnote is unnumbered, centered, in parentheses, and placed below all other footnotes, as follows: (Table continued on next page).

5. Auxiliary Publication

Auxiliary publication is a resource for making available materials that cannot economically be included in a printed article or monograph. Materials appropriate for auxiliary publication may include protocols or original observations, tabulations of original data, tables giving complete detailed data (frequency distributions, detailed findings for numerous subsamples, intermediate matrices of factor analyses, etc.), detailed drawings of apparatus, large-sized charts, and photographs, including color photographs.

The essential steps of auxiliary publication are (a) to place the materials where they will be available to interested specialists, and (b) to publish a notice of their availability.

5.1 Local Auxiliary Publication Resources

5.12 Private reproduction not desirable. To reproduce materials privately is usually not feasible because of the expense involved. Nor is it desirable, because there is no assurance that the materials will be available to scholars at a later date. Therefore, editors generally discourage the insertion of footnotes in articles stating that further materials are available from the authors.

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5.13 Library publication. Materials may be deposited in university or other libraries which are willing and able to undertake interlibrary loans or to provide photostat or microfilm copies. Masters' theses and doctors' dissertations are ordinarily so deposited.

The reference to deposited materials, when given in an article, should include the author's name, the exact title, the name and location of the library, and the exact page numbers on which the materials in question may be found, to permit the library quickly and without error to make the photostat or microfilm copies.

5.2 American Documentation Institute

The best resource for auxiliary publication is the American Documentation Institute (ADI). It is a nonprofit organization which, as of 1952, makes no charge to authors or journals for its services and provides materials to readers at moderate cost.

5.21 Preparation of materials for the ADI. Materials for transmission to the ADI should be adapted to photographic processes. A white background is best. Drawings should be in jet black ink. Photographs should have good contrast. Typewritten materials should be sharply defined, not faint or blurred. Carbon or pencil copies are undesirable for several reasons. Blue ink is quite inappropriate because it will not photograph. Typewritten materials may be single spaced for economy but should not be crowded. Pages of standard typewriter size are preferred for filing, but other sizes are received when essential. The name, institutional connection, and permanent address of the author should appear conspicuously on the material.

5.22 Notice of availability. The ADI accepts materials to which reference is made in an article published for general circulation. The author should include a notice of availability in his manuscript, usually

in the form of a footnote reading substantially as follows:

¹ To save printing costs, a 5-page table giving data for each of the subgroups [or other described material] has been deposited with the American Documentation Institute. Order Document No.—— from American Documentation Institute, 1719 N St. N. W., Washington 6, D. C., remitting \$—— for 35 mm. microfilm or \$—— for 6 by 8 in. photocopies.

The editor adds the document number and prices to the footnote when the information has been supplied him by the ADI.

5.23 Send ADI materials to the journal editor. Materials to be deposited with the ADI in connection with an article should always be sent to the journal editor with the manuscript. The editor needs to see them

when judging the acceptability of the article. Editors have arrangements to deposit materials with the ADI through the Central Office of the APA.

6. Preparation of Figures

Graphs are the most economical and intelligible mode of presentation for certain types of data. But graphs, charts, and photographs are expensive both to the author and to the APA. Also their design and preparation seem to cause considerable difficulty to many authors. The author should therefore ask with respect to every graph or photograph presented for publication: Is this figure necessary? Is it economical of journal space? Is it prepared with quality suitable for publication?

6.01 References on graphic presentation. The most complete and detailed sources for the principles, layout, and drawing of figures are two pamphlets issued by the American Standards Association (19, 23). They contain illustrations of good and bad practices. Some statistics textbooks contain sections on graphic methods, and there are several extensive texts or manuals (2, 4, 10, 17).

6.1 Subject Matter Suitable for Figures

Some subject matter is particularly suitable for graphic representation. Graphs are especially well adapted to displaying changes of functions and rates of change. They are helpful in clarifying comparisons between different individuals or groups, and between successive measures of the same groups or individuals. Therefore, graphs are appropriate for showing learning curves, extinction curves, changes with age, changes in performance under systematically varying conditions, frequency polygons of the performance of contrasting groups, and test profiles of individuals or groups.

Unnecessary or inappropriate graphs are illustrated by: scatter-plots for correlations, when the linearity of the regression line is not in question or the subject of discussion; photographs of apparatus, when the photograph reveals little that cannot be adequately described by a word-picture or by a line drawing of critical parts; a plot of the relationship between two or more variables, when the relationship is simple (i.e., linear), when the number of points plotted is not more than two, or when the text does not stress a comparison of curve slopes or curve forms.

6.2 Size and Proportion of Figures

6.21 Relationship to page size. The size of an efficient figure bears a definite relationship to the size of the journal's page, and especially to the width of the column of type. Perhaps the most common and wasteful error in the preparation of a graph or a chart is to draw it without reference to the page size and format of the journal in which it is to be

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published. As a consequence, the editor must publish it as a two-column figure in order to have proper readability of the legends or discriminability of the graph points, even though there is much white space on both sides of the graph. In many cases, a simple adjustment of the ratio of vertical and horizontal axes, or larger lettering, would have permitted its presentation as a one-column figure with a saving of up to 75 per cent in the page space required.

6.22 Planning the figure. After making a rough sketch of the content of his figure, the author's first task is to design it to fit the journal page. He should measure the one-column and full-page widths of the journal of his choice, and examine good examples of one-column and two-column figures of the type he plans to use. A decision is then reached as to whether the figure can be made to fit one column, or if it must be two.

The drawing area should then be made about two linear times the size planned for the printed figure. In computing the space to be filled by the drawing when printed, allowance should be made for the legends for the vertical and horizontal axes. It is not necessary to restrict the figure size to integral values, for each rectangle constructed on an extension of the diagonal of the desired printed size will preserve the same proportion in the reduction (see Fig. 2).

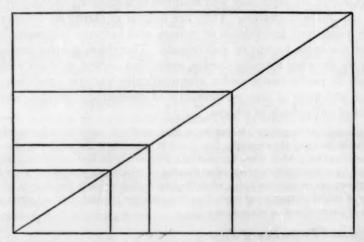


Fig. 2. Enlarging a figure in proportion. Any rectangle constructed on the extension of the diagonal of the desired printed size retains the same proportions.

6.23 Size of the drawing submitted. It is very desirable for the final drawing submitted to the editor to be exactly the same size as a page of

typescript, that is, either $8\frac{1}{2}$ by 11 or 8 by $10\frac{1}{2}$ inches (see sec. 8.12). It can then be handled and shipped with the manuscript, avoiding the use of mailing tubes or other devices to send a large-size figure under separate cover.

Even when the original figure is *small*, it still should be drawn on $8\frac{1}{2}$ by 11 (or 8 by $10\frac{1}{2}$) inch paper. When *large* original drawings are required to secure accuracy, the author should have them photographed and should submit reduced $8\frac{1}{2}$ by 11 (or 8 by $10\frac{1}{2}$) inch glossy prints, mounted if possible on heavy board.

It is helpful to the editor, when such are available to the author, to have glossy prints of figures in the exact reduced size in which they will be printed. Such reduced prints may be submitted in addition to the larger drawings or prints, described above, which are to be sent to the printer. They do not replace the larger drawings.

6.3 Construction of Graphs

6.31 Drawing paper. The best material for the original drawing is a blank piece of heavy illustration board. Drawings on cross-section paper are not recommended and are definitely not acceptable if the cross-section lines will photograph and appear in the final figure. Bluelined grids do not photograph. If the author uses cross-section paper in his original drawing, it is recommended that he submit glossy-print photographs of his figures to the editor.

6.32 Selection of coordinates. In general, the independent variable is plotted on the horizontal axis, and the dependent variable on the vertical axis.

6.33 Laying out the grid. The next step in plotting the points in a group is to determine the grid that is to be used. The grid depends on the range and scale separations to be used on the vertical and horizontal axes, and these are in turn determined by the purpose of the graph and the previously determined over-all dimensions. Thus, if the purpose is to show the relationship between two curves obtained under different conditions, it is essential that the vertical units be sufficiently large in separation to show clearly the separation of the curves. Many times it is desirable to begin the vertical units at some value above zero, in order to secure appropriate proportions. When the scale is interrupted, the zero should be indicated on the vertical axis opposite its junction with the horizontal axis, and the vertical axis should be broken with a jagged line a short distance above zero. A similar device to indicate discontinuity should be used on the horizontal axis when that scale does not start

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at zero, or when there is a break which is not otherwise labeled. In "stretching out" scales, care must be taken not to mislead the reader by magnifying slight differences beyond their real significance.

6.34 Inking grid lines. The points of origin of the grid lines along the vertical and horizontal axes should always be inked, with black India ink, precisely opposite the numerical or other scale designation. It is rarely necessary, however, to ink the entire grid of the graph. When it is considered desirable to ink the entire grid, this should be done only for the major divisions of the grid, and should always be done with fine lines which will be just legible in the printed figure. These should be inked only after the entire graph, including printed legends within the graph space, has been inked, in order that the grid lines may be broken around such printed legends and other points in the graph where they might obscure the primary curves. Figure 3 shows a well-drawn graph in which the grid lines have been inked.

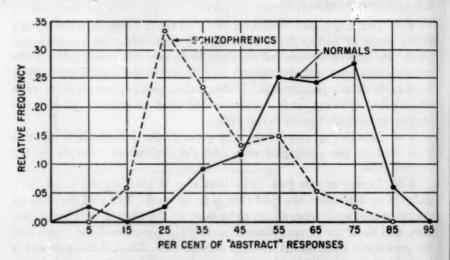


Fig. 3. Example of a well-prepared graph on which some grid lines have been inked. Note that the grid lines are broken so that they do not intersect the graph lines or the lettering. The original drawing of this graph was twice the reproduced size. The lettering was done by a Leroy lettering guide. The data are fictitious; if they were real data presented in an article, an appropriate figure caption might be as follows:

"Fig. 3. Distribution of the abstract responses of the schizophrenic and normal groups."

6.35 Plotting points, lines, and curves. The plotting of experimental points on the graphs should be done with great accuracy. An error in

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plotting a point is as significant as an erroneous numerical entry in a table, especially when the graph is used as a substitute for tabular material and may be used by the reader to obtain numerical values. The experimentally obtained points should usually be connected by straight lines, drawn in black India ink. When some demonstrable law, the mathematical statement of which is known, underlies the phenomenon, or where the results have been smoothed by some stated procedure, it is customary to represent the smoothed or generalized curve by a continuous line and to indicate the actual observations by small circles, triangles, or squares. Such smoothed curves should be carefully inked with the aid of drafting instruments.

6.36 Differentiation of lines. Each experimental point plotted should be indicated by a small circle made with a drop pen. If two classes of data or curves are plotted on a single graph, they may be best differentiated by leaving open the circles for one class and filling the circles of the other. Further differentiation may be given by connecting one set of circles with a solid line and the other set with a dash line. When more than two classes of data are shown on a single graph, the points may be differentiated by using open and filled squares or triangles to indicate the points, and by using connecting lines of small dots, long and short dashes, dots and dashes, etc. The author should be careful to make the connecting lines clearly distinguishable. Also, the sizes of the circles, etc. used to indicate the plotted points, and the thicknesses of the connecting lines, should be sufficient to allow for the reduction of the graph when the cut is made for printing. Figure 4 shows a graph with differentiated lines.

6.37 Bar graphs. Although bar graphs have a definite function in the presentation of data, it should be remembered that they merely translate numerical quantity into visual extent. In the interests of conservation of space, they can rarely be justified in scientific—as contrasted with popular—publications if they present data which appear elsewhere in numerical form, and if the comparisons are sufficiently simple for an expert to grasp immediately in their numerical form. If used, the question whether the bars should extend vertically or horizontally is a matter for the author to decide in view of the scales employed. However, as with other graphs, the independent variable is usually on the horizontal axis and the dependent variable is on the vertical axis. Whenever bar diagrams are used, the frequencies, percentages or other numerical values that the bars represent should be indicated on the graph.

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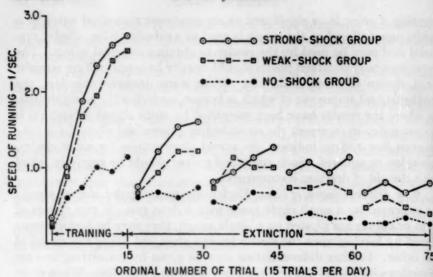


Fig. 4. Example of a graph with differentiated lines. The legend showing the meaning of each type of line is drawn and lettered within the figure area, at the upper right. The data are fictitious. If they were real data presented in an article, the caption might be:

"Fig. 4. The effect of shock on speed of running. On the first day the animals were given 15 training trials; on each of the following four days, 15 extinction trials."

6.4 Lettering the Graph

6.41 Planning the lettering. All numbering or lettering of the grid points on the horizontal and vertical axes should be horizontal. The legend for the horizontal scale should, of course, be lettered along a line parallel with that axis. The legend for the vertical axis should be lettered along a vertical line parallel to that axis, because horizontal lettering of the vertical axis would be wasteful of space. Lettering within the graph space is desirable when the graph contains two or more sets of data that require differentiation. It is usually best done by gathering such internal legends in the upper or lower right-hand corner of the graph (Fig. 4). When only two classes of data appear in the graph it is sometimes more effective to insert the legend in close proximity to the referenced curve, with a short arrow pointing to a section of the curve (Fig. 3). The legends should be descriptive of the class of data, e.g., 0-Min. Rest, 10-Min. Rest, Shock Group, whenever possible, rather than arbitrary designations, e.g., Group A, Group 61, etc., which require refer-

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ence to the text. Under no circumstances should the legend be outside the graph space defined by the coordinates. If the legend is too cumbersome to be contained within the graph, the graph should probably be reorganized.

6.42 Quality of lettering. The lettering on a graph accepted for publication must be neat, regular, and well-spaced. Legends type-written on an ordinary typewriter are unsatisfactory in appearance and will not be accepted, although special electric typewriters and the Varityper produce a printlike lettering that is excellent. Freehand lettering in black India ink done by a really expert draftsman is good, but amateur freehand lettering almost always lacks regularity of form, line, size, and spacing and cannot be accepted.

The author will insure acceptance of his graphs if he has them lettered in block type with the aid of a lettering guide.

The most widely used lettering guides are the Wrico Lettering Guides, the Leroy System, and the Ames Lettering Device. A set of such guides, suitable for the preparation of graphs for journal publication, should be standard equipment in a psychological laboratory. A novice can, with the aid of these guides, produce professional-appearing copy after very little practice. Guides for the same style of block lettering may be obtained in several sizes.

6.43 Size of lettering. The size of lettering is a crucial issue. Many graphs have to be printed in wastefully large size because their smallest lettering would be illegible if they were reproduced otherwise.

To determine the size of lettering for a drawn figure, an author may measure the height of a printed capital letter in the usual type size of the journal of his choice. The height of the printed letter is multiplied by the proportion of enlargement of the drawn graph over the printed figure to obtain the correct size of lettering.

If a graph is drawn two linear times its printed size, as suggested in sec. 6.22, words and numerals should be lettered about 5/32 to 3/16 inch high to harmonize with the printed type. Lettering devices have guides for that size.

All lettering on a figure may be of the same size. If two sizes of lettering seem needed, the larger size should not be more than 25 to 50 per cent higher than the smaller size. A printed page does not use type that varies greatly in size, and a figure with some lettering several times as large as some other lettering will be conspicuously inharmonious. In such a case, if the smallest lettering is legible, the largest will be grossly out of proportion.

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6.5 Reproduction of Photographs

All photographs are reproduced by making a copy on metal, called a halftone, of the original furnished by the author. Invariably some detail is lost in making halftones, so that only photographs of good depth of focus and great contrast should be furnished. This detail is best accomplished by a professional photographer but for those who make their own, one simple consideration deserves more attention than it gets. Apparatus should be moved to a neutral background, or a backdrop of blankets or drapes should be hung. A little attention to composition can vastly improve the appearance. Halftones are expensive: if worth while at all, some care should go into their preparation. Line drawings should be substituted wherever possible.

A photograph should be inspected in detail by using four sheets of white paper to form a border which can be shifted until the best composition is selected. Use no more area than is needed, even if it is only a portion of the original print. Indicate the limits of this area on the borders of the print and mark "crop here," but do not cut the photograph yourself. In general, the horizontal dimension as it appears in print should be about two-thirds the width of an entire line of type. Best results are obtained from a "glossy" or ferrotyped print. The maker of the print should know that it is for reproduction by halftone. Any retouching should be done before the ferrotyping. During the last few years, retouching of photographs by the airbrush technique has come into wide use and assists greatly in emphasizing and delineating critical parts of apparatus. The process requires highly skilled technicians, who may be found in most large cities.

6.6 Figure Captions

6.61 Numbering figures. All figures, whether graphs, drawings of apparatus, halftones, or what not, are numbered consecutively in arabic numerals throughout an article.

All such cuts are designated as figures. Terms such as "Graph 1" or "Chart 1" are not used. In rare cases when special full-page illustrations are used in a series separate from the other figures, they may be designated as "Plate 1," "Plate 2," etc.

In the text, always refer to figures by their numbers, e.g., "(see Fig. 1)." Never cite "the following" figure, or the figure "above" or "below." It is permissible to abbreviate figure as Fig., except when the word begins a sentence.

6.62 Showing location of figure. In the text, show the location of

each figure by a clear break in the typewriting, with instructions set off by lines above and below, like this:

Insert Figure 1 about here

6.63 Typewritten figure caption. The author should never letter the figure number or its title on the graph. The title or caption of each figure should be typewritten on a separate sheet of paper, in small letters, double spaced if it runs more than one line. Such titles should be kept as short as possible, and should not contain explanatory notes which duplicate the legends of the graph or the explanations in the text. It should be remembered that the figure is introduced as an elucidation of the text, and although the graph itself should contain all necessary identifying legends, its interpretation assumes the reading of the text. See Fig. 2 and 3 for examples of appropriate figure titles.

6.64 Identification of the figure. On the margin of the back of every drawing and photograph submitted, the author should write lightly in in pencil his name, the title of the article, and the figure number. These entries identify the figure to the printer. Be careful that the writing does not deface the front of the figure.

If there is any possible ambiguity, as in the case of figures that have no lettering, the author should write *top* lightly in pencil just above the drawing, to show its spatial orientation.

7. References

The list of references is placed at the end of an article. Authors should list every reference that is cited in the text of the article, but should not attempt a further compilation of the literature in an area unless the article is primarily a review of literature.

7.1 Accuracy of Citation

Accuracy in citations is of major importance. The purpose of listing the references is to make possible their use by the reader; this cannot be accomplished if the reference data are incorrect or incomplete. The working list of references should be checked against the original publications. If original sources are unavailable, yet the reference is important enough to be included, the secondary source from which it was secured should also be indicated. Special attention should be given to spelling of proper names, spelling of words in foreign languages including accents or other special marks, journal abbreviations, years, volume numbers, and pages.

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7.2 Arrangement of References

7.21 Heading. The correct heading for a list of books and articles cited is References. In special cases where the article is a review and some effort is made to exhaust the literature on a subject, or for a designated time period, the heading Bibliography may be used.

7.22 Authors' names. The basic plan of arrangement of entries is alphabetically by author's surname, or for multiple authors by the

name of the senior.

a. The surname is followed by initials. In the case of multiple authorship, the inverted order is used for all names, with each name separated from the preceding by a comma. The final name is preceded by a comma and an ampersand (&).

b. For female authors, give the full first name, if used in the publication being cited. For married women, use the name as given in the

publication cited.

c. References by an author alone stand first, followed by those in which he is the senior author.

d. Several references to the same author or authors are arranged by year of publication, the earlier first. References of the same year are arranged alphabetically by title.

e. The author's name is repeated in each entry. Do not replace the

name by a dash.

7.23 Rules for alphabetization. The following rules govern special cases of alphabetization:

a. Prefixes M', Mc, and Mac should be alphabetized as though spelled Mac. St. and Ste. should be alphabetized as though spelled out, i.e., Saint.

b. Compound names are alphabetized under the first part of the name: Kloos-Knies,

P., Lewis-Jones, H.

c. Article and preposition prefixes (de, la, du, von, van der, della, etc.) govern alphabetical position in accordance with different rules for different languages. Inasmuch as the prefix in Anglicized usage is commonly spoken as part of the surname, the APA

journals alphabetize according to the prefix in all cases.

d. Certain languages have roman letters not in the English alphabet—Danish &, ø, and aa; Norwegian &, ø, or ö, and å or aa; Swedish å, ä, and ö; and Spanish ch, ll, rr, and ñ. Strict rules would require proper alphabetization of these letters according to their language, but practical considerations have dictated that the APA journals alphabetize them as though they were accented variations of roman letters. This practice is analogous to usage for transliterations from non-roman alphabets.

7.24 Corporate author entries. When no personal author is indicated, it is a common practice to list alphabetically by title, following the entries arranged by author (see references 18 through 29 at the end of this manual).

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Another acceptable practice may be followed when a *corporate author* is clearly indicated as having authorship responsibility. Rules for such entries have been published by Louttit (13).

a. A corporate author may be an association or subdivision of one, a governmental agency, a business firm, etc.

b. The full official title of the corporate body should be used, e.g., American Psychological Association, Psychological Corporation, U. S. Department of Defense.

c. A subdivision of a larger unit is entered with the larger body first and the subdivision following, e.g., American Psychological Association, Policy and Planning Board. In the case of government agencies, the name or abbreviation of the nation, state, or city appears first.

d. Corporate authors are arranged in proper alphabetical position with personal authors.

7.25 Anonymous articles. Articles specifically signed Anonymous are arranged with personal authors' names.

7.26 Numbering references. The references are numbered consecutively with arabic numbers, each number being followed by a period and not placed in parentheses. See the References at the end of this manual. In the list of references following an article, there should be no need to interpolate additional entries (such as "13a") in the series. If a reference is added at a late stage in the preparation of the manuscript, renumber all of the references which follow, and be sure to correct the citation numbers in the text.

7.3 Forms of Book Entries

The entry should contain all data necessary for identification and library search.

Most of the needed instructions can be obtained from the examples which follow. A few special directions are:

a. Place of publication. Give only the city if the name is distinctive and well known. Give the city and state if there are several cities of that name (e.g., Springfield, Ill.), or if the city is obscure. If the publisher is a rarely known one, his street address may be given in parentheses, following the city and state (see sec. 7.34).

b. Publisher's name. Give in as brief a form as will be fully intelligible, e.g., McGraw-Hill, not McGraw-Hill Book Co.

c. Citing pages. Particular pages of a book, except for the entire pages of a chapter having separate authorship, are never cited in the reference list. Specific page references required to identify a quotation are given in parentheses in the text (see sec. 3.71 and 3.76).

In the following illustrations, all authors' names and titles are ficti-

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7.31 Book.

Jefferds, C. V., Jr. The psychology of industrial unrest. New York: McGraw-Hill, 1951.

7.32 Work of several volumes. Also illustrates citation of edition.

Lochren, H. R. Collected works. (2nd Ed.) London: Oxford Univer. Press, 1938-40. 4 vols.

7.33 Reference to one volume of multivolume work.

Patwell, E. D., Whiston, Anita J., & Gresser, T. M. Guide to intelligence examinations. Vol. 1. Principles. Boston: Houghton Mifflin, 1947.

7.34 Books with author's name in title. Also illustrates citation of author as publisher.

Neckerman, S. F. Collected papers of Prospect, Mass. (300 Market St.): Author, 1950.

7.35 Edited book.

Rodner, A. H. (Ed.) Theories of psychopathology. Springfield, Ill.: Charles C Thomas, 1945.

7.36 Specific chapter in edited book.

Stansill, Dora. The reinforcement of anxiety. In A. H. Rodner (Ed.), Theories of psychopathology. Springfield, Ill.: Charles C Thomas, 1945. Pp. 50-93.

7.4 Form of Periodical Entries

7.41 Journal article, pagination by volume.

Archer, P. W. The tactile perception of roughness. Amer. J. Psychol., 1950, 63, 365-373.

7.42 Journal article, pagination by issue. The issue number is cited in parentheses following the volume number only when each issue has independent pagination.

Cardinal, M. H. Anxiety among displaced children. Bull. World Fed. ment. Hith, 1950, 2 (4), 27-35.

7.43 Monograph, with volume number, issue number, and serial (whole) number.

Follette, Jane. The relation of intelligence to motor skill. Psychol. Monogr., 1950, 63, No. 14 (Whole No. 287).

7.44 Monograph, without volume number.

Merwede, D. R., & Schwam, C. W. (Eds.) Measurement of teachers' attitudes. Suppl. Educ. Monogr., 1950, No. 37.

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7.45 Citation of an abstract.

Newell, N. B. Vocabulary as a function of adult age. Amer. Psychologist, 1951, 6, 420. (Abstract)

7.5 Citation of Unpublished Materials

7.51 Dissertations.

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Lightburn, L. T. The relation of critical fusion frequency to age. Unpublished doctor's dissertation, Univer. of New Jersey, 1951.

7.52 Other unpublished manuscripts. These should not be cited unless the manuscript is on file with the ADI or available from a library. Give author, title, the words unpublished manuscript, which are not underlined, the library from which available or the ADI document number, and the date.

7.53 Paper read at a meeting. Citation should be to an abstract if one has been published. If there is no published abstract and it is essential to cite the paper, cite it as follows:

Overpeck, R. A. Partial reinforcement in relation to extinction. Paper read at Midwest. Psychol. Ass., Chicago, April, 1949.

7.54 Personal communication. A letter or informally transmitted document is better acknowledged in a footnote than in a reference list. If cited, give the name, the words Personal communication which are not underlined and end with a period, and the date.

7.55 Article "in press." An article accepted for publication but not yet in print may be designated as "in press." To cite such an article give author, exact title of article, the abbreviation for the name of the journal, and then the words in press which are not underlined or placed in quotation marks. Such a reference can often be completed by the time that the author receives proof.

Sedlack, J. A. Rorschach indicators of anxiety. J. consult. Psychol., in press.

7.56 Article "in preparation." Contemplated or unfinished articles do not belong in a reference list, as they are not yet a part of the professional literature. Therefore, articles "in preparation" should not be cited.

7.6 Journal Citations

The APA publications use the abbreviations of journal titles that appear in the World List of Scientific Periodicals (27). These abbreviations are based on a code adopted by the International Institute of

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Intellectual Cooperation of the League of Nations (20). The essence of the code is reproduced below, and actual usage can be found in the "List of Journals Abstracted" published in the index number of *Psychological Abstracts* since Volume 21, 1947.

7.61 Rules for abbreviation. For convenience, the following rules adapted from the official code are presented:

a. Abbreviations should not be beyond a point of easy identification.

b. Abridged form includes all words except articles, conjunctions, prepositions, etc. Exceptions: (i) retain the connective in a title of only two nouns, e.g., Sch. & Soc.; (ii) retain the conjunction between two compound nouns the last part of which is common to both, e.g., Land- und fortswirtschaftliche Blatter, Land- u. fortsw. Bl.; (iii) omit additional less important words in exceptionally long titles, e.g., Comptes rendus hebdomadaires des seances de l'Academie des Sciences, C. R. Acad. Sci., Paris.

c. Abbreviations may be made by omitting terminal letters or by contraction. If the terminal letter is omitted, the abbreviation ends in a period, e.g., Psychology, Psychol., Development, Developm., etc. If the terminal letter remains, there is no period, e.g.,

Engineering, Engng, Board, Bd, etc.

d. Abbreviation is the same for singular and plural forms.

e. Nouns are capitalized and adjectives are not. Thus adjectives from nominatives have the same abbreviation but with the initial letter in small letters, e.g., Psychology, Psychol.; psychological, psychol.

f. Cognate words in different languages are reduced to the same form when orthog-

raphy permits, e.g., Acad., Accad., Akad.

g. Single word titles are not abbreviated.

h. Parts of compound words are abbreviated as when standing alone; the parts are connected by a hyphen or in German words by a second capital, e.g., medicolegal, med.-leg.; Arbeitswissenschaft, ArbWiss.

i. If the title of a journal begins with a personal name, only the surname is used.

j. Place is indicated only (i) to distinguish two journals of same name; (ii) when the abbreviation does not reveal the language used; (iii) if the title is in a language other than that of the country of publication.

k. Science names ending in "ology" or its foreign language variants omit the "ogy," e.g., Neurology, Neurol. Those ending in "ics" omit the ending, e.g., Optics, Opt.

7.62 A list of abbreviations. The citations of most of the widely used journals can be obtained by appropriate combination of the following abbreviations:

Abh.	Anales	An.
abnorm.	angewandte	angew.
Abstr.	Annals, Annaes, Annale,	
	Annalen, Annali	Ann.
Acud.	Annual, Annuaire,	
Accad.	Annuario	Annu.
Akad.	Anthropology,	
allg	Anthropologie,	
Amer.	Anthropologist	Anthrop.
	Abstr. Acad. Accad. Akad. allg.	abnorm. angewandte Abstr. Annals, Annaes, Annale, Annalen, Annali Acad. Annual, Annuaire, Accad. Annuario Akad. Anthropology, allg. Anthropologie,

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Anzeiger	Anz.	genetic	genet.
applied, appliquées	appl.	Gerontology	Geront.
Arbeitswissenschaft	ArbWiss.	gesamte	ges.
Archives, Archivio,		Gesellschaft	Ges.
Archivos, Archiv,		Handbook, Handbuch	Handb.
Archivo	Arch.	Health	Hlth
Asociación	Asoc.	Heredity	Hered.
Association	Ass.	Illumination	Illum.
Behavior	Behav.	Individual	Indiv.
Beihefte	Beih.	industrial	industr.
Bericht	Ber.	Institute, Institut,	
Board	Bd	Instituto	Inst.
Bulletin	Bull.	Institution	Instn
Casework	Casewk	Instrument	Instrum.
Character	Charact.	internal	intern.
Childhood	Childh.	international	int.
Children	Child.	Investigation	Invest.
College	Coll.	Jahrbuch	Jb.
comparative	comp.	Journal	J.
Comptes-rendus	C.R.	Iournalism	Journ.
Conference	Conf.	iuvenile	วั <i>น</i> ข.
Congress	Congr.	Kwartalnik	Kwart.
consulting	consult.	Laboratory	Lab.
Contribution	Contr.	Measurement	Measmt
criminal, criminelle	crim.	mechanical	mech.
Deficiency	Def.	Management	Mgmt
Delinquent, Delinquency	Delingu.	Medicine	Med.
Department Department	Dep.	medicolegal	medleg.
Deutsche	Disch.	Memoir	Mem.
Development	Develpm.	mental	ment.
Digest	Dig.	Miscellaneous	Misc.
Disease	Dig.	Monatsschrift	Mschr.
Education	Educ.		
Employment		Monograph	Monogr.
Engineer	Emplyt	monthly Nervenheilkunde	mon. Nervenheilk.
Engineering	Engr		
Ergebnisse	Engng	nervous	nerv.
Evolution	Ergebn.	Neuropathology	Neuropath.
	Evolut.	Newsletter	Newsltr
exceptional	except.	normal	norm.
Exchange	Exch.	North	N.
experimental,		northern	north.
experimentelle,		occupational	occup.
experimentale	exp.	Opinion	Opin.
Family	Fam.	Orthopsychiatry	Orthopsychia
Forschung	Forsch.	Pathology	Path.
Fortschritee	Fortschr.	Pedagogy	Pedag.
Foundation	Found.	Personality	Pers.
Gegenwart	Gegenw.	Personnel	Personnel
general, generale, géneral	gen.	Philosophy	Phil.

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Council of Editors

Phonetics	Phon.	Service	Serv.
Practice	Pract.	social	soc.
Practitioner	Practit.	Society	Soc.
Press	Pr.	South	S.
Proceedings	Proc.	southern	sth.
Progress	Progr.	special	spec.
projective	proj.	sperimentale	sper.
Psychlatry	Psychiat.	Statistics	Statist.
psychical	psych.	Study, Studies, Studien	Stud.
Psychoanalysis	Psychoanal.	Supervision	Supervis.
Psychology	Psychol.	Supplement	Suppl.
Psychometrics	Psychometr.	Survey	Surv.
Psychopathology	Psychopath.	Symposium	Sympos.
psychosomatic	psychosom.	technical	tech.
Psychotechnics	Psychotech.	Theory	Theor.
Psychotherapy	Psychother.	Therapy	Ther.
Public	Publ.	Training	Train.
Publication	Publ.	Transactions	Trans.
quantitative	quant.	und	11.
quarterly	quart.	University	Univer.
Record	Rec.	Untersuchungen	Untersuch.
Rehabilitation	Rehabilit.	vergleichende	vergl.
Relations	Relat.	vocational	voc.
Religion	Relig.	Weekly	Wkly
Report	Rep.	Welfare	Welf.
Research	Res.	Wissenschaft	Wiss.
Review, Revista, Revue	Rev.	Wochenschrift	Wschr.
Rivista	Riv.	Work	Wk
School	Sch.	Yearbook	Yearb.
Schriften	Schr.	Zeitschrift	Z.
Science	Sci.	Zentralblatt	Zbl.
Series	Ser.	Zhurnal	Zh.

7.63 Examples. The following list includes the major American psychological journals, and other titles which illustrate special rules.

Advanced Management	Advanc. Mgmt
American Journal of Orthopsychiatry	Amer. J. Orthopsychiat.
American Journal of Psychology	Amer. J. Psychol.
American Psychologist	Amer. Psychologist
Année Psychologique	Année psychol.
Child Development	Child Develpm.
Educational and Psychological Measurement	Educ. psychol. Measmt
Genetic Psychology Monographs	Genet. Psychol. Monogr.
Journal of Abnormal and Social Psychology	J. abnorm. soc. Psychol.
Journal of the Acoustical Society of America	J. acoust. Soc. Amer.
Journal of Applied Psychology	J. appl. Psychol.
Journal of Clinical Psychology	J. clin. Psychol.
Journal of Comparative and Physiological Psychology	J. comp. physiol. Psychol.
Journal of Consulting Psychology	J. consult. Psychol.

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ma (4) Journal of Educational Psychology Journal of Experimental Psychology Journal of General Psychology Journal of Genetic Psychology

Journal of the Optical Society of America

Journal of Personality

Journal of Projective Techniques

Journal de Psychologie Normale et Pathologique

Journal of Psychology Journal of Social Issues Journal Social Psychology Personnel Psychology

Pflügers Archiv für die gesamte

Physiologie des Menschen und die Tiere

Psychological Abstracts Psychological Bulletin

Psychological Monographs: General and Applied

Psychological Review Psychometrika

Revue de Psychologie

J. educ. Psychol.

J. exp. Psychol.

J. gen. Psychol.

J. genet. Psychol.

J. opt. Soc. Amer.

J. Pers.

J. proj. Tech.

J. Psychol. norm. path.

J. Psychol.

J. soc. Issues

J. soc. Psychol.

Personnel Psychol.

Pflug. Arch. ges. Physiol.

Psychol. Abstr. Psychol. Bull.

Psychol. Monogr.

Psychol. Rev.

Psychometrika

Rev. Psychol., Montreal

7.7 Typing the References

7.71 Double space. References should be double spaced between each and every line, not just between the references. The extra spacing is needed for editor's marks.

7.72 Capitalization. Only the initial letter of the first word of the title of a book or article is capitalized. Of course, regular capitalization rules also hold: proper names, German nouns, etc.

Authors' names are typed in large and small letters, not in all capitals.

7.73 *Punctuation*. Special attention must be paid to uniformity and accuracy of punctuation.

Titles are not enclosed in quotation marks.

7.74 Italics. Book titles, and the abbreviations of journals, should be single underlined to indicate italics. Do not underline any other matter.

8. Typing the Manuscript

The typing of a manuscript is a most important step. The author should study this section carefully and go over it in detail with his typist. Many shortcomings of manuscripts result from failure to observe a few simple rules for typing. Papers often have to be returned to authors because of lack of double spacing or lack of sufficiently wide margins.

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8.1 General Requirements of Typing

8.11 Submit clear original copy. The manuscript must be an original typewritten copy, not a carbon copy, typed on one side of the paper only.

The final copy must be neat. The typewriter ribbon should make a dark, even impression, and the machine should be in good mechanical condition to provide accurate spacing, alignment, and clean-cut letters. Clean the typewiter keys so that clear differences can be seen between letters such as c, e, and o, and between numerals such as 3 and 8.

Psychological Monographs will accept clear carbon copies of pages from masters' and doctors' dissertations.

8.12 Use heavy paper of standard size. Manuscripts should be typed on heavy bond paper of good quality. Tissue, onion skin, and thin "airmail" paper should not be used, because they will not stand the stresses of handling, and because their transparency reduces legibility.

Only paper of $8\frac{1}{2}$ by 11 inches (standard) or 8 by $10\frac{1}{2}$ inches (government) size should be used. All sheets of one manuscript must be of the same size.

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Use no part-sheets, "flyers," or strips of paper glued, pinned, or stapled to the sheet. They are often torn off or lost in shipment and handling.

8.13 Leave wide margins. Leave a margin of one inch or more at the top, bottom, right, and left of every page. The editor has to write many instructions to the printer in the margins.

It is helpful to type every line as nearly six inches long as possible. Set a pica typewriter to a 60-character line, an elite machine to 72 characters. Uniformity helps the editor to make a more exact estimate of the length of the article.

8.14 Indent all paragraphs. Indent the first line of every paragraph, including footnotes. Do not use a "block" form for typing.

Type all of a manuscript to the same uniform left-hand margin, except for the paragraph indentions. Do not give extra indention to quotations or other matter to be set in smaller type. Do not indent whole paragraphs to give them emphasis. Do not use, in the text of an article, an outline form that has graduated indentions. The journals print all matter to a uniform left margin; any other practice is wasteful of space. It is monotonous editorial labor to indicate to the printer that extra-indented lines are to be brought to the margin.

8.15 Double space throughout. Double space between all lines of the manuscript without exception. That is essential in order to maximize

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legibility and to provide space for editorial corrections. Double spacing means making a double space between every line in the title, headings, footnotes, quotations, references, and figure captions, and in the tables if possible (see sec. 4.22). A good rule for the typist is: Set the typewriter for double spacing and leave it there!

8.16 Type no word in all capitals. Another good typing rule is never to type any whole word in all capital letters. Do not type the title of article, the authors' names, centered headings, or table headings in all capitals. Instead, use capital and small letters, capitalizing only the initial letters of important words. Some journals use capital letters for titles and headings, but others do not. It is easier for an editor to add instructions to set matter in capitals, than for him to indicate the removal of undesired capitals.

8.17 Underline sparingly. Use an underline only when you mean to set a word in italics, and use italics very infrequently (see sec. 3.3).

8.18 Use separate sheets for tables, captions, and references. Type each table and each figure caption on a separate sheet of paper. Begin the References at the top of a new page.

8.19 Minimize corrections. A moderate number of neat pen corrections is acceptable in manuscripts. Manuscripts are corrected between the lines, not in the margins. Never add a sentence written vertically on the manuscript's margins. Strikeovers on the typewriter are not acceptable corrections, as they are often ambiguous. Erase neatly, or make clear correction by pen. If there are many corrections, the manuscript should be retyped.

8.2 Arrangement and Numbering of Pages

Arrange the pages of the manuscript of a journal article as follows:

a. First page, with title, author's name, etc. The text follows immediately on the same page.

b. Pages of text.

c. References (start on a new page).

d. Footnotes (start on a new page).

e. Tables (each on a separate sheet).

f. Figure captions (each on a separate sheet).

g. Figures (each separately).

Number the pages of a manuscript in a consistent position—usually the upper right corner. Since pages might become separated at the printer's, it is also wise to identify each manuscript page by typing the senior author's last name in its upper left-hand corner.

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Number all manuscript pages in consecutive arabic numbers, including the tables and figure captions, but do not give page numbers to the figures.

In short manuscripts such as those prepared for journal articles, there should be no need to insert pages numbered "6a," and the like. If an additional page is inserted after the pages have once been numbered, renumber all the pages.

8.3 Wrapping and Shipping

The protection of the manuscript from the rough handling it may receive in transit is often neglected by authors. The mailing envelope should be strong and provided with a stiff cardboard or corrugated filler slightly smaller than the envelope. The filler is essential if drawings, photographs, or materials intended for ADI are enclosed. A heavy manuscript needs the additional protection of a string tied securely lengthwise and crosswise around the envelope. Authors might be amazed to see the number of manuscripts that reach their destination in torn envelopes and a crumpled condition.

Do not enclose the manuscript in a loose-leaf binder, or staple or fasten the pages together in any way. Binders add unduly to shipping weight, and editors and printers prefer to work with loose sheets.

The author should always retain a carbon copy of a paper, as a precaution against the loss of the original.

Mail the manuscript to the editor, not to the APA Central Office, except in the case of manuscripts for the *American Psychologist*. It is important to check the current issue of the journal for which the manuscript is being prepared, in order to ascertain the name of the editor and his mailing address; journals change editors from time to time, and edi-

tors change addresses.

9. Correction of Proofs

9.1 Proofreading

An author's last responsibility is to read the proofs accurately. A month or so before the issue is to appear, each author receives two sets of proofs and the manuscript from the printer. Experienced proof-readers advise the following method:

First, give the proof a "literal" reading. A "copyholder"—your secretary, your wife, a colleague, a student—reads the manuscript aloud slowly in a monotonous voice, reading all punctuation marks, and spelling out all proper names and technical words. Simultaneously, you read the proof, letter by letter and not for sense, to catch all deviations

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from the manuscript. Read every caption and heading, and every numeral in each table. Mark all corrections on the proof with standard proofreader's marks, which may be found in many standard reference books (3, 21, 25, 26). Most corrections should be indicated in the margins of the proofsheets. Do not try to squeeze corrections between the printed lines. If you have no one to serve as copyholder, you can read proof alone by glancing from the proof to the copy, but it is not nearly as efficient.

Second, read the proofs again carefully for the sense, in the way that you would read an article or book. This reading will reveal broader errors such as the omission of a key sentence which, strange as it seems, you can miss in the literal proofreading.

Third, check specific points: (a) Are the title, authors' names, and institutional connections correct? (b) Are the tables all printed, and are they reasonably well placed? (c) Are the figures correct? Is the correct caption under each figure? Switched captions under similar figures are not rare. (d) Are the centered and paragraph headings correct and correctly placed? (e) Finally, look at every hyphenated word at the right-hand edge of each column or page. Are the words divided into syllables correctly? Use a dictionary to check the syllabication of a word when you are not sure.

The author bears the primary responsibility for proofreading, and must not take the task lightly. Promptness is essential. If you do not read and return the proof within a day or two, the printer's schedule is thrown out of gear; he has obligations to other publications as well as to the journal in which your article will appear. A week's delay in returning your proof may mean a longer delay in the appearance of the whole issue. You return one copy of the corrected proof, and the manuscript (that is essential!) to the Managing Editor of APA publications in Washington, according to instructions received with the proof. You keep the other copy of the proof for your own files.

9.2 Author's Alterations

Proofreading makes the printed page identical with the manuscript copy, and nothing more. To make a change on the proof other than to make it correspond exactly to the manuscript is an *author's alteration*, which must be avoided except in extreme instances. To strike out or change a single word near the beginning of a paragraph often requires resetting the entire paragraph. The cost is charged to the author. Even worse, extensive author's alterations may cause delays in publication, and may lead to the introduction of errors when the author's intentions are not entirely clear to the printer.

When a change on the proofs is essential—to correct a serious and hitherto undiscovered error of fact or interpretation—it is important to plan the alteration to minimize cost and confusion. To change words at the end of a paragraph, or to add several more lines to the end of a paragraph, costs comparatively little. If a change near the beginning of a paragraph is necessary, the author should count the number of

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characters and spaces to be removed and make an insertion or change that will use as nearly as possible the same number of characters and spaces. The best practice is to have the manuscript so free from errors that alterations on the proof are unnecessary.

Conclusion

The journals of the American Psychological Association are a joint enterprise of their readers, authors, and editors. The value of the journals for the advancement of psychology as a science and profession depends on the quality of the articles prepared by the authors and selected by the editors. This publication manual is a tool for improving techniques of communication.

The editors offer the manual with the hope that every author will consult it before submitting a manuscript for publication, and that departments giving graduate instruction in psychology will require their students to use it as a guide for the preparation of papers.

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